SEMinar Report

Bone and Joint Surgery

January 15-21, 2023

A Global Educational Initiative by the American Austrian Foundation
34 fellows from 23 countries

32 fellows’ case presentations

5 faculty members from the USA and Austria

5 excellent case presentations

20 didactic lectures

2 workshops in cooperation with Smith and Nephew, Vertex, and BK Meditech
### Salzburg HSS Seminar in Bone and Joint Surgery
**Sunday, January 15 – Saturday, January 21, 2023**

<table>
<thead>
<tr>
<th>Time</th>
<th>Sunday, 15.01.2023</th>
<th>Monday, 16.01.2023</th>
<th>Tuesday, 17.01.2023</th>
<th>Wednesday, 18.01.2023</th>
<th>Thursday, 19.01.2023</th>
<th>Friday, 20.01.2023</th>
<th>Saturday, 21.01.2023</th>
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<tr>
<td>07:00</td>
<td>08:00 BREAKFAST</td>
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<td>08:00</td>
<td>09:00 Introductions</td>
<td>09:00 Intramedullary Nailing of Lower Extremity Fractures</td>
<td>09:00 Management of Bone and Soft Tissue Sarcomas</td>
<td>09:00 Implementing Technology in Practice: A Spine Surgeons Perspective</td>
<td>09:00 Management of Shoulder Instability</td>
<td>09:00 Stephanie Swensen Buza, MD</td>
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<td></td>
<td>Pre-Seminar Test</td>
<td>Aleksey Dvorzhinskiy, MD, MSc</td>
<td>Reinhard Windhager, MD</td>
<td>James C. Farmer, MD</td>
<td>Stephanie Swensen Buza, MD</td>
<td>James C. Farmer, MD</td>
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<td>09:00</td>
<td>10:00 Periprosthetic Joint Infections</td>
<td>10:00 Midfoot and Hindfoot Trauma</td>
<td>10:00 Reconstruction after Tumor Resection</td>
<td>10:00 Femoracacetabular Impingement</td>
<td>10:00 Indications, Techniques and Outcomes in Cervical Disc Replacement Surgery</td>
<td>10:00 James C. Farmer, MD</td>
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<td>Mathias Bostrom, MD, FACS</td>
<td>Aleksey Dvorzhinskiy, MD, MSc</td>
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<td>10:30</td>
<td>11:30 Biomechanics and Damage Control Orthopedics</td>
<td>11:30 Osseointegration</td>
<td>11:30 Bone Metastasis</td>
<td>11:30 Decision Making in Cervical Myelopathy: Anterior versus Posterior Approaches</td>
<td>11:30 ACL Reconstruction</td>
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<td>11:30</td>
<td>12:30 Periprosthetic Fractures</td>
<td>12:30 Dislocation</td>
<td>12:30 Leadership</td>
<td>12:30 Lower Extremity Tendon Injuries</td>
<td>12:30 Spinal Management of Skeletal Dysplasias</td>
<td>12:30 James C. Farmer, MD</td>
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<td>14:00</td>
<td>15:00 Complex Elbow Trauma</td>
<td>15:00 Fellows' Case Presentations</td>
<td>15:00 Free Afternoon</td>
<td>15:00 Fellows' Case Presentations</td>
<td>15:00 Post-Seminar Test Evaluation &amp; Discussion</td>
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<td>Aleksey Dvorzhinskiy, MD, MSc</td>
<td>Fellows' Case Presentations</td>
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<td>15:00</td>
<td>16:00 Trauma Workshop Case Presentations by Faculty to Fellows</td>
<td>16:00 Sawbone Joint Replacement Workshop</td>
<td>16:00 Spine Workshop</td>
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<td>16:00 James C. Farmer, MD</td>
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<td>17:00</td>
<td>18:00 FACULTY MEETING TO REVIEW THE WEEK</td>
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<td>18:00</td>
<td>19:00 WELCOME RECEPTION &amp; DINNER</td>
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<td>20:00</td>
<td>21:00 20:30 - 21:30 CHAMBER MUSIC CONCERT</td>
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**Monday, 16.01.2023**

- **08:00 - 09:00**: Introductions Pre-Seminar Test
- **10:00 - 11:30**: Biomechanics and Damage Control Orthopedics
  - Aleksey Dvorzhinskiy, MD, MSc
- **11:30 - 12:30**: Periprosthetic Fractures
  - Mathias Bostrom, MD, FACS
- **12:30 - 14:00**: LUNCH
- **14:00 - 15:00**: Complex Elbow Trauma
  - Aleksey Dvorzhinskiy, MD, MSc
- **15:00 - 16:00**: Trauma Workshop Case Presentations by Faculty to Fellows
  - Aleksey Dvorzhinskiy, MD, MSc
- **16:00 - 17:00**: 16:00 - 16:15 OMI Presentation

**Tuesday, 17.01.2023**

- **09:00 - 10:00**: Midfoot and Hindfoot Trauma
  - Aleksey Dvorzhinskiy, MD, MSc
- **10:00 - 10:30**: COFFEE BREAK
- **10:30 - 11:30**: Osseointegration
  - Mathias Bostrom, MD, FACS
- **11:30 - 12:30**: Dislocation
  - Mathias Bostrom, MD, FACS
- **12:30 - 14:00**: LUNCH
- **14:00 - 15:00**: Fellows' Case Presentations
  - Mathias Bostrom, MD, FACS
- **15:00 - 16:00**: Sawbone Joint Replacement Workshop
  - Mathias Bostrom, MD, FACS
- **16:00 - 17:00**: 16:00 - 16:15 OMI Presentation

**Wednesday, 18.01.2023**

- **09:00 - 10:00**: Reconstruction after Tumor Resection
  - Reinhard Windhager, MD
- **10:00 - 10:30**: COFFEE BREAK
- **10:30 - 11:30**: Bone Metastasis
  - Reinhard Windhager, MD
- **11:30 - 12:30**: Leadership
  - Mathias Bostrom, MD, FACS
- **12:30 - 14:00**: LUNCH
- **14:00 - 15:00**: Spine Workshop
  - James C. Farmer, MD
- **15:00 - 16:00**: Free Afternoon
- **16:00 - 17:00**: 16:00 - 16:15 OMI Presentation

**Thursday, 19.01.2023**

- **09:00 - 10:00**: Lower Extremity Tendon Injuries
  - Stephanie Swensen Buza, MD
- **10:00 - 10:30**: COFFEE BREAK
- **10:30 - 11:30**: Decision Making in Cervical Myelopathy: Anterior versus Posterior Approaches
  - James C. Farmer, MD
- **11:30 - 12:30**: Spinal Management of Skeletal Dysplasias
  - James C. Farmer, MD
- **12:30 - 14:00**: LUNCH
- **14:00 - 15:00**: Post-Seminar Test Evaluation & Discussion
  - Stephanie Swensen Buza, MD
- **15:00 - 16:00**: Fellowship Case Presentations
  - Mathias Bostrom, MD, FACS

**Friday, 20.01.2023**

- **09:00 - 10:00**: Spine Workshop
  - James C. Farmer, MD
- **10:00 - 10:30**: COFFEE BREAK
- **10:30 - 11:30**: ACL Reconstruction
  - Stephanie Swensen Buza, MD
- **11:30 - 12:30**: Spinal Management of Skeletal Dysplasias
  - James C. Farmer, MD
- **12:30 - 14:00**: LUNCH
- **14:00 - 15:00**: Decision Making in Cervical Myelopathy: Anterior versus Posterior Approaches
  - James C. Farmer, MD
- **15:00 - 16:00**: Fellowship Case Presentations
  - Mathias Bostrom, MD, FACS

**Saturday, 21.01.2023**

- **09:00 - 10:00**: Spine Workshop
  - James C. Farmer, MD
- **10:00 - 10:30**: COFFEE BREAK
- **10:30 - 11:30**: ACL Reconstruction
  - Stephanie Swensen Buza, MD
- **11:30 - 12:30**: Spinal Management of Skeletal Dysplasias
  - James C. Farmer, MD
- **12:30 - 14:00**: LUNCH
- **14:00 - 15:00**: Decision Making in Cervical Myelopathy: Anterior versus Posterior Approaches
  - James C. Farmer, MD
- **15:00 - 16:00**: Fellowship Case Presentations
  - Mathias Bostrom, MD, FACS

**Dinner and Networking Activities**

- **19:00 - 20:00**: Welcome Reception & Dinner
- **20:00 - 21:00**: Chamber Music Concert

**Post-Seminar Events**

- **20:30 - 21:30**: Graduation Dinner & Certificates Awarded

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Mathias Bostrom, MD, FACS

Chief of Adult Reconstruction and Joint Replacement Service
Chitranjan S. Ranawat MD Chair in Adult Reconstruction and Joint Replacement
Weill Cornell College of Cornell University
Attending Surgeon
Hospital for Special Surgery
535 East 70th Street
New York, NY 10021
USA
Phone: +1-212-606-1674
Fax: +1-212-472-3713
Email: bostromm@hss.edu

Mathias Bostrom, MD, FACS (Course Director) is currently an attending orthopedic surgeon and the Chitranjan S. Ranawat MD Chair in Adult Reconstruction and Joint Replacement at the Hospital for Special Surgery in New York, NY. He is also the Chief of the Adult Reconstruction and Joint Replacement Service and the Vice-Chairman of Education and Academic Affairs at the Hospital for Special Surgery. Dr. Bostrom earned his bachelor’s degree in Physics from the University of Virginia, and he received his Doctor of Medicine from the Johns Hopkins University School of Medicine. He completed his orthopedic surgery residency and two fellowships at Hospital for Special Surgery/New York Hospital – Cornell Medical Center. One fellowship was in orthopedic surgery on the Hip & Knee Service, and the other fellowship was on the Research Service. Dr. Bostrom’s research largely focuses on periprosthetic joint infection, bone healing and implant osseointegration. He has published over 205 peer reviewed articles. In addition to receiving awards for his novel research, his research has been supported by private foundations, the Orthopedic Research and Education Foundation (OREF), and the National Institutes of Health (NIH). Dr. Bostrom is heavily involved in the education and mentoring of medical students, residents, and fellows, and he received the Phillip D. Wilson Jr. Teaching Award as well as the Nancy Kane Bischoff Mentor Award from HSS. Nationally, Dr. Bostrom is involved with the ACGME’s milestone project. Internationally, he has been involved in extending the HSS academic mission to China by leading symposia at the annual meetings of CAOS and COA for nearly a decade. Since 2000, he has been on the faculty of the American Austrian Foundation’s (AAF) Salzburg Weill Cornell/HSS Seminars in Bone & Joint Surgery; he has been a course director since 2004. In December 2016, he was honored by the Republic of Austria with the Austrian Cross of Merit for his dedication to the AAF mission. Dr. Bostrom has been a member of the Orthopedic Research Society (ORS) since 1993 and his past involvement with the ORS includes member and chair of the Mentoring Committee, member of the Nominating Committee, and Member-at-Large of the ORS Board of Directors. He was President of the ORS from 2015-2016. In 2018, he was named as an ORS Fellow. In 2016, the International Combined Orthopedic Research Societies (ICORS) named him as a Fellow of International Orthopedic Research; and in 2013, he was selected to be a Fellow in the American College of Surgeons. Dr. Bostrom is Treasurer of The Hip Society and is also an active member of the American Academy of Orthopedic Surgeons (AAOS), The Knee Society, the International Hip Society (IHS), American Orthopedic Association (AOA), the Committee of Orthopedic Residency Directors (CORD), and the American Association of Hip and Knee surgeons (AAHKS). He currently serves as the Executive Director of the International Society of Orthopedic Centers (ISOC). For nearly 20 years, he has been an ad hoc and full member of various NIH study sections as well as reviewer for numerous medical journals. He is also a member of the editorial review board for the Journal of Orthopedic Research.
Reinhard Windhager, MD (Co-Course Director), born on September 13, 1957, in Linz, is an Austrian orthopedic surgeon, who specializes in orthopedic oncology and adult reconstruction. Reinhard Windhager graduated in 1981 at the University of Innsbruck. After training at the General Hospital in Linz and at the University Clinic for Orthopedic Surgery in Vienna he became a medical specialist in orthopedics in 1988. Between 1988 and 1997, Prof. Windhager worked at the University Clinic of Orthopedics in Vienna, the Children’s Clinic in Glanzing and the St. Anna Children’s Hospital in various orthopedic focal points. In 1995, Reinhard Windhager qualified as professor in orthopedics and orthopedic surgery and in 1997 was appointed full professor of orthopedics and Head of the Department of Orthopedics and Orthopedic Surgery at the Karl-Franzens University in Graz and built this up to the University Clinic of Orthopedic Surgery at the Medical University of Graz in 2001 and was appointed its Head. In 2010, he was appointed Head of the Department of Orthopedic Surgery, Medical University of Vienna. In 2002 and 2003, Reinhard Windhager was President of the Austrian Society for Orthopedics and Orthopedic Surgery (ÖGO) and in 2006 President of the Central European Orthopedic Congress. Besides board memberships in numerous national and international societies Reinhard Windhager served as President of ISOLS (International Society of Limb Salvage) from 2014 – 2015 and 2017 as President of the Austrian Society of Surgery. Since January 2018, he has been appointed chairman of the newly formed Department of Orthopedics and Trauma Surgery at the Medical University of Vienna.
Aleksey Dvorzhinskiy, MD, MSc
Instructor of Orthopedic Surgery
Hospital for Special Surgery
Weill Cornell Medical College
523 East 72nd Street
New York, NY 10021
USA
Phone: +1-212-774-7850
Email: Dvorzhinskiya@hss.edu

Aleksey Dvorzhinskiy, MD, MSc is an orthopedic surgeon who specializes in trauma. Dr. Dvorzhinskiy was born in St. Petersburg, Russia but grew up in New Jersey, United States. He attended the University of Delaware for his undergraduate studies and Weill Cornell Medical College for medical school. He completed his orthopedic residency at Hospital for Special Surgery in New York City. His fellowship training in orthopedic trauma was at Harborview Medical Center in Seattle, Washington. Dr. Dvorzhinskiy’s research interests include treatment and prevention of bone infection in open fractures as well as outcomes after orthopedic trauma surgery. Recent publications include an animal study examining the use of antibiotic-laden bone void filler in a model of debrided osteomyelitis. Dr. Dvorzhinskiy’s research efforts have earned him a grant from the Foundation for Orthopedic Trauma. Dr. Dvorzhinskiy is currently on the faculty of Hospital for Special Surgery and Weill Cornell Medical College as an Instructor of Orthopedic Surgery. He lives in New York City with his wife Juliette.
James C. Farmer, MD

Associate Professor
Orthopedic Surgeon
Hospital for Special Surgery
The Pavilion
541 East 71st Street, 1st Floor
New York, NY 10021
USA

Phone: +1-212-606-1591
Fax: +1-212-774-2909
Email: farmerj@hss.edu

James C. Farmer, MD is an orthopedic surgeon who specializes in spinal surgery. Dr. Farmer grew up in the southern United States in South Carolina. He completed his undergraduate studies at the University of Notre Dame in Notre Dame, Indiana. He graduated from Georgetown University School of Medicine and completed his residency at the Hospital of the University of Pennsylvania. His fellowship in spinal surgery was at Thomas Jefferson University in a combined orthopedic and neurosurgery program. He has a particular interest in the treatment of spinal disorders in patients with skeletal dysplasias. He serves as the resident education director for the spine surgery service. Dr. Farmer is currently on the faculty of Weill Cornell Medical College, New York Hospital and the Hospital for Special Surgery as an Associate Professor of Orthopedic Surgery. He lives in New York City with his wife Molly.
Stephanie Swensen Buza, MD, is currently an Assistant Attending orthopedic surgeon at the Hospital for Special Surgery in New York, NY. She is part of the HSS Sports Medicine Institute and Hip Preservation Service. Dr. Buza graduated Summa Cum Laude from Fordham University and earned her medical degree from NYU School of Medicine. She attended the Orthopedic Surgery Residency at NYU Langone Orthopedic Hospital, where she served as Executive Chief Resident. Dr. Buza completed her Sports Medicine and Shoulder Surgery Fellowship at HSS. She then pursued an additional year of specialized fellowship training in Hip Preservation at HSS, focusing on hip arthroscopy and open hip preservation procedures. Dr. Buza is co-founder and co-lead collaborator for the HSS Performing Arts Medicine Collaborative. Her primary research interests include open and arthroscopic hip preservation and dance medicine.
FELLOWS

Yahya Alborno, MD
Hamad Medical Corporation
Department of Surgery
Hamad Medical Corporation
0000 Doha
Qatar
yahyaalborno@gmail.com

Jürgen Alphonsus, MD
Medical University of Vienna
Department of Surgery
Spitalgasse 23
1090 Vienna
Austria
juergen.alphonsus@meduniwien.ac.at

Alfred Henry Amede, MD, MSc
The Benjamin Mkapa Hospital
Department of Surgery
Dodoma Urban
11088 Dodoma
Tanzania, United Republic of
amede1717@gmail.com

Arman Batpen, MD
National Scientific Center of Traumatology and Orthopedics named after Academician N.D. Batpenov
Department of Surgery
Ablai Khan Avenue 15a
Z00PSYS Nur - Sultan
Kazakhstan
batpen_a@nscto.kz

Galym Bazarkulov, MD
Clinical Hospital №4
Department of Emergency and Trauma Surgery
Papanin 220
A36A687 Almaty
Kazakhstan
galym_leo@mail.ru
Dino Bobovec, MD  
University Hospital Centre Zagreb  
Department of Surgery  
Klispatičeva 12  
10000 Zagreb  
Croatia  
dbobovec@gmail.com

H. Bilgehan Cevik, MD  
University of Health Sciences, Diskapi  
Yıldırım Beyazıt Training and Research Hospital  
Department of Surgery  
Sehit Omer Halisdemir  
06810 Ankara  
Turkey  
bilgehancevik@gmail.com

Ljubomir Dakovic, MD  
Institute for Orthopedic Surgery "Banjica"  
Department of Surgery  
Mihaila Avramovica 28  
11000 Belgrade  
Serbia  
ljdakovic@gmail.com

Ivan Drobnjak, MD  
UCC Maribor  
Department of Surgery  
Ljubljanska 5  
2000 Maribor  
Slovenia  
ivand@t-com.me

Vahan Grigoryan, MD  
Armenia MC  
Department of Emergency and Trauma Surgery  
Margaryan Street 6  
0078 Yerevan  
Armenia  
vsgrigorian@gmail.com

Cristian Dorin Gurău, MD  
Emergency Clinical Hospital of Bucharest  
Department of Surgery  
Calea Floreasca 8  
014461 Bucharest  
Romania  
gurau_dorin@yahoo.com
Kerim Halilovic, MD  
Opsta Bolnica Pljevlja  
Department of General Surgery  
Lovcenska Street  
84210 Pljevlja  
Montenegro  
kerim-halilovic@hotmail.com

Philip Hitov, MD  
MHAT Ivan Skenderov  
Department of Emergency and Trauma Surgery  
Stara Planina 54  
2900 Gotse Delchev  
Bulgaria  
philip_hitov@hotmail.com

Georgi Hristov, MD  
Sofamed University Hospital  
Department of Surgery  
G.M. Dimitrov 16 Blvd.  
1000 Sofia  
Bulgaria  
hristov-g@abv.bg

Vitalie Iacubitchii, MD  
State University of Medicine and Pharmacy "Nicolae Testemițanu"  
Department of Emergency and Trauma Surgery  
Stefan Cel Mare, 165  
MD-2004 Chisinau  
Moldova  
vitalie_iacubitchii@yahoo.com

Danijel Jurković, MD  
Clinical Hospital Centre "Sestre Milosrdnice"  
Department of Sports Medicine  
Draškovićeva 19  
10000 Zagreb  
Croatia  
danijel.jurkovic92@gmail.com

Kadri Kaldas, MD  
North Estonia Medical Center  
Department of Emergency and Trauma Surgery  
J. Sütiste Tee 19  
13419 Tallinn  
Estonia  
kadrikaldas88@gmail.com
Irakli Kartozia, MD  
Mediclub Georgia  
Department of Surgery  
Tashkenti Street 22 A  
0160 Tbilisi  
Georgia  
iraklikartozia33@gmail.com

Silvia Koljal, MD  
North Estonia Medical Center  
Department of Surgery  
Ristiku 1  
13419 Pärnu  
Estonia  
silvia.koljal@gmail.com

Kamil Kopcik, MD  
L. Pasteur University Hospital  
Department of Emergency and Trauma Surgery  
Trieda SNP 1  
04001 Košice  
Slovakia  
kamil.kopcik@gmail.com

Peter Lisy, MD  
University Hospital Martin  
Department of Surgery  
Kollarova 2  
03659 Martin  
Slovakia  
peter.lisy@gmail.com

Sarvar Madrakhimov, MD  
Tashkent Medical Academy  
Department of Emergency and Trauma Surgery  
Olmazor District, Farobi 2  
100109 Tashkent  
Uzbekistan  
m_sarvar91@mail.ru

David Maska, MD  
University Hospital Motol and Charles University in Prague  
Department of Emergency and Trauma Surgery  
V Úvalu 84  
15006 Prague  
Czech Republic  
tbialplato@gmail.com
"The Bone and Joint Surgery Seminar continues to fulfill its mission of giving young orthopedic surgeons the knowledge and skills to significantly improve the care of patients in their home countries. This impact on their communities is not just short term but will be prolonged and exponential."

Mathias Bostrom, MD, FACS
Bone and Joint Surgery
OMI VOICES

Dr. Swensen Buza talked about hip impingement and lower extremity tendon injuries, sharing interesting cases and surgical tips.

Vitalie Lucubirchi, MD
OMI Fellow from Moldova

During the simulation training, Dr. Aleksey Dvorzhinskiy demonstrated procedures that are performed in large, world-renowned hospitals. This allowed me to see how my approaches are similar and how they can be improved.

David Santiago Tafander Villarreal, MD
OMI Fellow from Mexico

Dr. Bostrom shared treatment methods that were already known to me and are implemented in the hospital where I work, which felt encouraging.

Dino Bobovec, MD
OMI Fellow from Croatia
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