



ILIA STATE UNIVERSITY



INTERNATIONAL CONFERENCE ON CLINICAL ENDOCRINOLOGY

CONFERENCE PROGRAM

4 FEBRUARY

09:00 – 10:00 REGISTRATION

10:00 – 10:20 OPENING CEREMONY

Natia Vashakmadze, MD

Founder and President of the Georgian Association of Endocrinology and Metabolism (GAEM)

Professor Nino Doborjginidze, PhD

Ilia State University
Rector

Maia Kighuradze, MD

Israeli-Georgian Medical Research Clinic Healthycore
Medical Director

10:20 – 10:30 PRE-TEST



SECTION I – ADRENAL GLANDS AND GONADS

**Chairs: Gary Hammer, MD, PhD; Bulent Yildiz, MD, PhD,
Natia Vashakmadze, MD**

10:30 – 11:00 ADRENAL MASSES - WHEN TO BE CONCERNED: BENIGNITY, MALIGNANCY AND MORE

Prof. Gary Hammer, MD, PhD

Endocrinologist; Director of the Endocrine Oncology Program at the University of Michigan, former President of Endocrine Society | Michigan, USA

11:00 – 11:15 Q&A

11:15 – 11:45 POLYCYSTIC OVARY SYNDROME (PCOS) AS A METABOLIC DISEASE

Prof. Bulent Yildiz, MD, PhD

Endocrinologist, Professor of Medicine / Endocrinology and Metabolism at Hacettepe University School of Medicine | Ankara, Turkey

11:45 – 12:00 Q&A

12:00 – 12:30 ENDOCRINE HYPERTENSION

Natia Vashakmadze, MD

Founder and President of the GAEM, head of the endocrinology department at Israeli-Georgian Medical Research Clinic Healthycore, consultant endocrinologist at Cardio Clinic | Tbilisi, Georgia

12:30 – 12:45 Q&A

12:45 – 13:15 DIFFICULT ADRENAL CASES

Prof. Gary Hammer, MD, PhD

Endocrinologist; Director of the Endocrine Oncology Program at the University of Michigan, former President of Endocrine Society | Michigan, USA

13:15 – 13:30 Q&A

13:30 – 14:30 LUNCH BREAK



SECTION II – THYROID - FROM CHILDHOOD TO ADULTHOOD

**Chairs: Davit Metreveli, MD, PhD; Juan Carlos Galofre, MD, PhD;
Natia Vashakmadze, MD**

14:30 – 15:00 ARE WE OVERTREATING DIFFERENTIATED THYROID CANCER?!

Prof. Juan Carlos Galofre, MD, PhD

Associate Professor of the Endocrinology Department of Navarra University, endocrinologist of the University Clinic of Navarra, internationally recognized expert in thyroidology | Navarra, Spain

15:00 – 15:15 Q&A

15:15 – 15:45 SUBCLINICAL HYPOTHYROIDISM AND SUBCLINICAL HYPERTHYROIDISM: TREAT OR NOT TO TREAT?!

Prof. Davit Metreveli, MD, PhD

Emeritus Professor at Tbilisi State Medical University, Director and Head of Clinical Service at Davit Metreveli Medical Center | Tbilisi, Georgia

15:45 – 16:00 Q&A

16:00 – 16:30 THYROID DYSFUNCTION IN CHILDHOOD: CAUSES AND CONSEQUENCES

Prof. Eka Kvaratskhelia, MD, PhD

Endocrinologist, associated professor at Ilia State University, Invited lecturer at Tbilisi State Medical University | Tbilisi, Georgia

16:30 – 16:45 Q&A

16:45 – 17:00 SUMMARY DISCUSSION OF THE DAY

17:00 TAKING A GROUP PHOTO

5 FEBRUARY

09:00 – 10:00 REGISTRATION



SECTION III – CARDIOVASCULAR ENDOCRINOLOGY

Chairs Paata Kavtaria, MD; Peter Lansberg, MD, PhD; Natia Vashakmadze, MD

10:00 – 10:45 ARE STATINS OBSOLETE?!

Professor Peter Lansberg, MD, PhD

Professor at University of Groningen, Founder of the Dutch Lipid Clinic Network, internationally recognized expert in lipidology | Amsterdam, The Netherlands

10:45 – 11:00 Q&A

11:00 – 11:30 CHALLENGES IN THE MANAGEMENT OF DYSLIPIDEMIA: INNOVATIVE TREATMENT OF DIFFICULT CASES

Mamuka Kobalava, MD, PhD

Head of the cardiology department at Israeli-Georgian Medical Research Clinic Healthycore | Tbilisi, Georgia

11:30 – 11:45 Q&A

11:45 – 12:15 MANAGEMENT OF DYSLIPIDEMIA IN PATIENTS WITH ENDOCRINE DISEASES

Natia Vashakmadze, MD

founder and President of the Georgian Association of Endocrinology and Metabolism (GAEM), Head of the endocrinology department at Israeli-Georgian Medical Research Clinic Healthycore | Tbilisi, Georgia

12:15 – 12:30 Q&A

12:30 – 13:30 LUNCH BREAK



SECTION IV – DIABETES MELLITUS FROM CHILDHOOD TO ADULTHOOD



Chairs: Marine Gordeladze, MD, PhD; Maia Chikobava, MD; Natia Vashakmadze, MD

13:00 – 13:30 DIFFICULTIES IN THE CLASSIFICATION OF DIABETES IN CHILDREN AND ADOLESCENTS

Professor Marine Gordeladze, MD, PhD

Head of endocrinology department at the Tbilisi State Medical University, head of Pediatric Endocrinology Department at Academic Clinic of Pediatrics named after G. Zhvania, President of the Georgian Association of Pediatric Endocrinologists | Tbilisi, Georgia

13:30 – 13:45 Q&A

13:45 – 14:15 CHALLENGES OF DIAGNOSIS (SPECIFICATION OF TYPE) OF DIABETES MELLITUS IN ADULTS IN THE CLINICAL PRACTICE OF AN ENDOCRINOLOGIST

Miranda Baratashvili, MD

Endocrinologist at Israeli-Georgian Medical Research Clinic Healthycore and Davit Metreveli Medical Centre | Tbilisi, Georgia

14:15 – 14:30 Q&A

14:30 – 15:00 PHARMACOTHERAPY OF TYPE 2 DIABETES: FROM SCIENCE TO PATIENTS

Maia Chikobava, MD

Endocrinologist at Endocrinology, Metabolism and Dietology Center “Enmedic” named after V. Ivereli | Tbilisi, Georgia

15:00 – 15:15 Q&A

15:15 – 15:40 DIABETIC NEUROPATHY: THE PATH FROM DIAGNOSIS TO MANAGEMENT

Ketevan Ugulava, MD

Neurologist at Israeli-Georgian Medical Research Clinic Healthycore | Tbilisi, Georgia

15:40 – 15:55 Q&A

15:55 – 16:00 CLOSING CEREMONY OF THE EVENT