



OPEN MEDICAL INSTITUTE

SEMINAR REPORT

FAMILY MEDICINE:
MATERNAL AND CHILD
HEALTH
OMI MEX DUKE
UNIVERSITY SEMINAR

October 23-25, 2023

Medical Education Beyond Borders



DukeHealth



F A C T S



44 fellows
from **Mexico**



14 fellows' case
presentations



4 faculty members
from the USA



2 excellent case
presentations



12 didactic lectures



2 Workshops:
Delivering Unexpected
News

GROUP PHOTO





**OMI MEX Duke University Seminar in
Family Medicine: Maternal and Child Health
Monday, October 23 – Wednesday, October 25, 2023**

	Monday October 23		Tuesday October 24		Wednesday October 25
08:00 – 09:00	REGISTRATION & BREAKFAST		REGISTRATION & BREAKFAST		REGISTRATION & BREAKFAST
09:00 – 10:00	Introductions Pre-Seminar Test		Contraception Update Andrea B. Dotson, MD, MSPH, IBCLC		Shared Medical Appointments for Pregnancy and Pediatric Care Tiffany Covas, MD, MPH
10:00 – 11:00	Introduction / Maternal and Child Health Update Nancy Weigle, MD		Sexually Transmitted Disease Update John W. Ragsdale III, MD		Well Child Checks John W. Ragsdale III, MD
11:00 – 11:30	COFFEE BREAK		COFFEE BREAK		COFFEE BREAK
11:30 – 12:30	Care of the Low-Risk Pregnancy Andrea B. Dotson, MD, MSPH, IBCLC		Common Problems in Low-Risk Pregnancy Tiffany Covas, MD, MPH		Physician Wellness Nancy Weigle, MD
12:30 – 13:30	Common Newborn Issues John W. Ragsdale III, MD		Immunization Update Nancy Weigle, MD		Post-Seminar Test Evaluation & Discussion
13:30 – 14:30	LUNCH		LUNCH		LUNCH CLOSING CEREMONY & AWARDS
14:30 – 15:30	Breastfeeding Medicine Andrea B. Dotson, MD, MSPH, IBCLC		Early Childhood Development Tiffany Covas, MD, MPH		
15:30 – 17:00	Workshop: Fellows' Case Presentations John W. Ragsdale III, MD Nancy Weigle, MD	Workshop: Delivering Unexpected News Andrea B. Dotson, MD, MSPH, IBCLC Tiffany Covas, MD, MPH	Workshop: Fellows' Case Presentations John W. Ragsdale III, MD Nancy Weigle, MD	Workshop: Delivering Unexpected News Andrea B. Dotson, MD, MSPH, IBCLC Tiffany Covas, MD, MPH	



**Nancy Weigle, MD
(Course Director)**

Associate Professor
Department of Community and Family Medicine
Duke University Medical Center
2100 Erwin Road
DUMC 3886
Durham, NC 27710
USA

Phone: +1-919-681-3066
Fax: +1-919-681-7085
Email: nancy.weigle@duke.edu

Nancy Weigle, MD received her MD from George Washington University School of Medicine and completed her family medicine residency at Lawrence Family Practice Residency Program in Lawrence, Massachusetts. After serving as a National Health Service Corps Scholar for four years, she came to Duke in 2008. Dr. Weigle is an Associate Professor in the Department of Family and Community Medicine at Duke University. She is the Course Director of the Clinical Skills Foundation course, a longitudinal three-year course which teaches patient communication, examination, and clinical reasoning in the School of Medicine. She also serves as Clerkship Director for the Family Medicine Clerkship for medical students. She maintains her clinical practice at Duke Family Medicine.



Tiffany Covas, MD, MPH

Assistant Professor
Medical Director
Newborn Nursery
Duke Regional Hospital
Maternal and Child Health Director
Division of Family Medicine
Duke Family Medicine
2100 Erwin Road
DUMC 3886
Durham, NC 27710
USA

Email: tiffany.covas@duke.edu

Tiffany Covas, MD, MPH is a family physician. She is from Florida and went to the University of Florida where she received her bachelor's degree in health education and behavior. She continued to follow her passion and obtained her master's in public health at Columbia University in the department of socio-medical sciences. She worked as a mobile health team coordinator at the Harlem Health Promotion Center, coordinating Project STAY, a program that provided pregnancy and sexually prevented infections prevention, education, and screening for high-risk youth throughout New York City. She continued her education at Wake Forest University where she went to medical school. She completed residency at Duke Family Medicine, where she served as chief resident. She loves working with families on prevention of disease, working to help communities live healthier, and the group model for patient visits. She leads the Centering Pregnancy and prenatal care at Duke Family Medicine. She has been a leader in the family medicine department through her work expanding services including family medicine obstetrics, nursery care, gender affirming care for transgender patients, and Centering Parenting. She the founder of Duke Family Medicine's LGBTQ+ Patient Centered Medical Home Initiative.



Andrea B. Dotson, MD, MSPH, IBCLC

Assistant Professor
Director Family Medicine Obstetrics, Duke Regional
Hospital
Department of Family Medicine and Community Health
Duke University Medical Center
2100 Erwin Road
DUMC 3886
Durham, NC 27710
USA

Email: andrea.dotson@duke.edu

Andrea B. Dotson, MD, MSPH, IBCLC is a family physician, breastfeeding medicine specialist, and educator. Dr. Dotson completed her undergraduate studies at Florida State University, earning dual degrees in Biological Sciences and Religion. Following graduation, she taught high school science for two years with Teach for America in Houston, Texas. She then attended Johns Hopkins Bloomberg School of Public Health earning a Master of Science in Public Health in International Health with focused studies in global disease and epidemiology control and vaccine sciences. Dr. Dotson completed her medical studies at the University of North Carolina in Chapel Hill followed by residency training at University of New Mexico. She traveled back to the University of North Carolina to complete a primary care research fellowship while also providing full spectrum clinical care including inpatient obstetrics and newborn care. In 2021, Dr. Dotson joined Duke Family Medicine as a faculty member and later a core faculty member with clinical outpatient practice as well as an inpatient practice in obstetrics and newborn care. Dr. Dotson specializes in breastfeeding medicine and infant feeding, starting the Breastfeeding Medicine Clinic at Duke. Her work in breastfeeding medicine has been presented on both national and international stages. She currently serves as a special interest group leader for the Academy of Breastfeeding Medicine and was part of their inaugural class for the Breastfeeding Medicine Leadership Academy.



John W. Ragsdale III, MD

Division Chief
Duke University Medical Center
Department of Community and Family Medicine
Associate Professor
Vice Chair Clinical Services
Duke Family Medicine
2100 Erwin Road
Durham, NC 27710
USA

Phone: +1-919-684-6721
Email: john.ragsdale@duke.edu

John W. Ragsdale III, MD is Chief of the Division of Family Medicine in the Department of Family Medicine and Community Health since 2017. Prior, he served as Medical Director from 2012 - 2017 and has maintained a clinical practice in the Department of Family Medicine since 2009. Prior to Duke, he completed a leadership fellowship at Brown University in Providence Rhode Island. He attended Medical School at the Medical College of Georgia and subsequently completed his residency at Georgetown University Family Medicine program. His clinical and research interests have focused on cancer survivorship, specifically with urological cancers and maintains a clinical practice in survivorship at the Duke Cancer Institute. He also has a long-standing interest in women's health, leadership, and medical education as he has been an active member for the Family Medicine Residency Program as core faculty since 2009. His wife and three children live in Chapel Hill, North Carolina.



Becky Aguilar-Álvarez de Sáenz

Executive Director | AMSA

- Bachelors degree in economics, Instituto Tecnológico Autónomo de México (ITAM)
- Banking and financial career for 15 years
- Member of the Board Civic Committee, Ford Motor Company Mexico
- Treasurer of the Board of Trustees UNETE (Unión de Empresarios por la Tecnología en la Educación)
- Member of the International Women's Forum
- Member of the Mexican Council for International Affairs
- AMSA's Executive Director since 2010



Gerardo Legorreta Creel

Chairman | AMSA

- Chairman of the Board of Trustees, Alianza Médica para la Salud, A. C. (AMSA)
- Studied at the London Business School and Instituto Tecnológico Autónomo de México (ITAM)
- CEO of UBS (Union Bank of Switzerland)
- Member of the Board of Directors of Bepensa, SA de CV
- Founder and Managing Director of LG & A

Fellow Booklet

OMI MEX Family Medicine: Maternal and Child Health



José Elpidio Andrade Pineda, DrPH
IMSS
Department of Family Medicine
Sor Juana Ines de la Cruz No. 81
06300 Mexico City
Mexico
jose.andradepi@imss.gob.mx



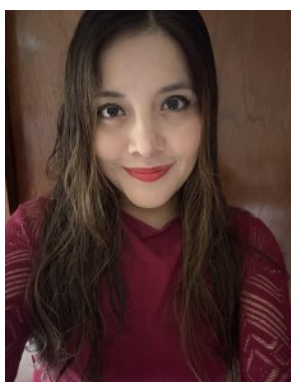
María Emilianita Aviles Sánchez, MD
IMSS
Department of Family Medicine
Paseo Tollocan 726 Col Vertice
50150 Toluca
Mexico
dra.cya1214@outlook.com



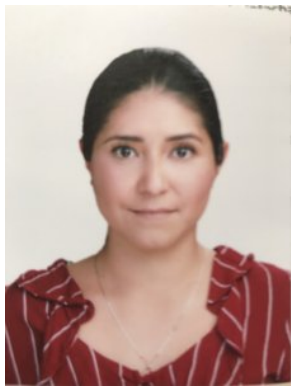
Laura Carina Bautista Justo, BSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida Fidel Velazquez S/N
72560 Puebla
Mexico
lauracbj16@gmail.com



Omar Bermudez, MD
IMSS
Department of Family Medicine
8va Privada de San Manuel No. 52
94330 Orizaba
Mexico
omarcrmo@hotmail.com



Maria del Rosario Carazo Vargas, MSc
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Benito Juárez 195
68340 Tuxtepec Oaxaca
Mexico
rosariocarazo@gmail.com



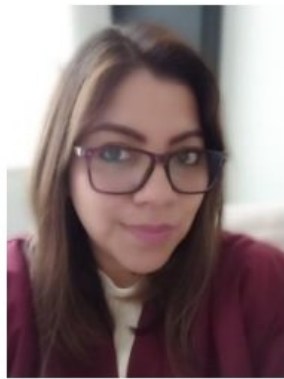
Giselle Carranza Hernandez, MD
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Fidel Velazquez Avenue, 42 Sur
72560 Puebla
Mexico
gisellecarranzahernandez@gmail.com



Ildeliza Chávez Cuayahuitl, BSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Del Bosque 26
53030 Mexico State
Mexico
ildelizachavezcuayahuitl@yahoo.com.mx



Lucero Chavez Resendiz, MD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida San Baltazar
72560 Puebla
Mexico
dra.lresendiz@gmail.com



Alejandra De la Cruz, BSc
Apac I.a.p. Asociación Pro Personas Con
Paralisis Cerebral
Department of Family Medicine
Dr. Arce 104, Col. Doctores Cuauhtémoc
6720 Mexico City
Mexico
adelacruz@apaciap.org.mx



Julio Flores Piña, MD
IMSS
Department of Family Medicine
Calzada de Tlalpan 931
03440 Mexico City
Mexico
drjp_bono@hotmail.com



Laura Angélica Gamoneda Hernández, PD
Hospital de Especialidades Centro Medico
Nacional Siglo XXI
Department of Family Medicine
Avenida Plutarco Elias Calles No. 473
08300 Mexico City
Mexico
gamoneda.laura.umf21@gmail.com



Blanca Berenice García Rivera, MD
IMSS
Department of Family Medicine
Av. Reforma 16
73649 Mexico City
Mexico
dra.bere82@hotmail.com



Sofía Sarai González García, MD
Instituto Nacional de Pediatría
Department of Family Medicine
Insurgentes 3000 C
04520 Alcaldía Coyoacán
Mexico
sofigonzalezgr@gmail.com



Maria del Carmen Hernandez, MD
UMF 58 Las Margaritas IMSS
Department of Family Medicine
Boulevard Manuel Avila Camacho
54050 Tlalnepantla
Mexico
caheva1@live.com.mx



Omar Edgar Hernandez Moran, BSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida Fidel Velazquez S/N
72560 Puebla
Mexico
ragedom91@gmail.com



Lupita Huesca Olvera, MD
Instituto Nacional de Pediatría
Department of Pediatrics
Insurgentes Sur 3700 C
04530 Mexico City
Mexico
huescao.lupita@outlook.com



Miriam Idalith Infante Miranda, Prof.
IMSS
Department of Family Medicine
Plan de San Luis s/n Col. La Escalera
7320 Mexico City
Mexico
miri.grouby.54@gmail.com



Vicente Jalapa, PhD
IMSS
Department of Family Medicine
Fidel Velazco
72560 Puebla
Mexico
vjalapahdz@gmail.com



Sheila Jiménez Duran, MD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Boulevard Circunvalación 1840
72570 Puebla
Mexico
shbe1806@gmail.com



César Carlos López García, PhD
IMSS
Department of Family Medicine
Convento de Santa Monica
54050 Tlalnepantla de Baz
Mexico
ccarloslopez@hotmail.com



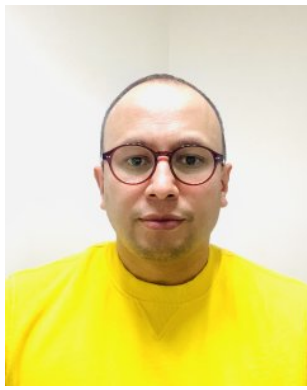
Alejandra Mañueco Aldape, MD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida Abraham Lincon 5400 Valle Verde 2
Sector
64117 Monterrey
Mexico
alejandra.manueco@udem.edu



Ana Sofia Martínez Arredondo, MD
Instituto Mexicano del Seguro Social UMF 37
Department of Family Medicine
Avenida Prof. Moisés Saenz
64460 Monterrey
Mexico
ana.arredondo9604@gmail.com



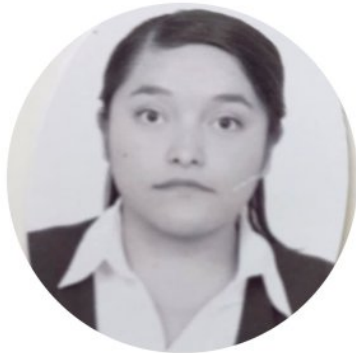
Gloria Mendoza, MSc
Instituto Mexicano del Seguro Social IMSS
Department of Family Medicine
Av. San Agustin Esquina Brasil Sn
55130 Mexico State
Mexico
mendoza.gloria34@yahoo.com.mx



Cristian Mercado Esquivel, MD
IMSS
Department of Family Medicine
UMF 17
11270 Mexico City
Mexico
mercado_2@hotmail.com



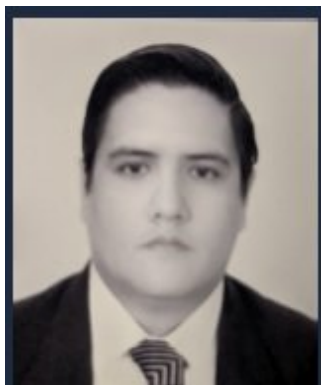
Francisca Alejandra Molina Torres, MD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Guerrero
85120 Obregon City
Mexico
fran.molina11@gmail.com



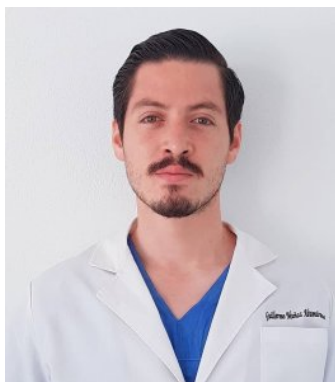
Adela Montalvo Alvarez, PhD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Oriente 3
94300 Orizaba
Mexico
ichigo_rozen@hotmail.com



Carlos Moreno, MD
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Lincoln
64117 Monterrey
Mexico
dr.carlosmoreno@gmail.com



Moises Moreno Noguez, MSc
IMSS
Department of Family Medicine
Sn Javier Mina
55600 Zumpango
Mexico
sesby14@gmail.com



Guillermo Muñoz, BA
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Avenida Madero
58000 Morelia, Michoacán
Mexico
munozmemo3@gmail.com



Danae Perez Lopez, MSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Caruso s/n Col Vallejo
07870 Mexico City
Mexico
pdanae07@gmail.com



Veloz Quetzalli, BM
Instituto Nacional de Pediatría
Avenida del Iman
04530 Mexico City
Mexico
quetzalli.velozcrn@gmail.com



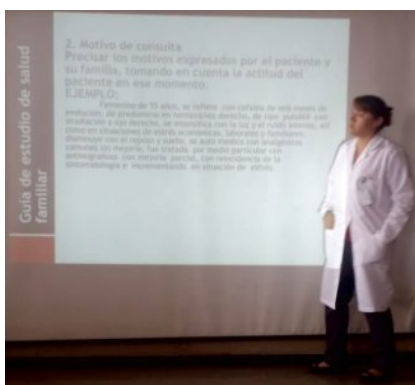
Alicia Ramírez, PhD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Oriente 3
94300 Orizaba
Mexico
aliciaramirezp1310@gmail.com



Cecilia Ramirez Angulo, MD
ABC Medical Center
Av. Carlos Graef Fernandez 154, Santa Fe,
Cuajimalpa
05300 Mexico City
Mexico
ceciliaraangulo@gmail.com



Ingrid Gabriela Ramos Cruz, BM
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Av. de Septiembre
54879 Cuautitlán
Mexico
11gabs92@gmail.com



Olivia Reyes Jimenez, MD
IMSS
Department of Family Medicine
55090 Mexico State
Mexico
olivia.reyesji@imss.gob.mx



Maria Guadalupe Rodiles Alvarez, BSc
Universidad Autonoma de Mexico
Department of Family Medicine
Avenida Huixquilucan
53800 Naucalpan de Juárez
Mexico
dralupitarodiles87@gmail.com



Francisco Javier Rodríguez Soriano, MD
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Renacimiento Colonia el Rosario, Azcapotzalco
02100 Mexico City
Mexico
previfjrs@gmail.com



Nicolas Alejandro Rodriguez Torres, DrPH
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida Fidel Velazquez Sn
72560 Puebla
Mexico
aledco92@gmail.com



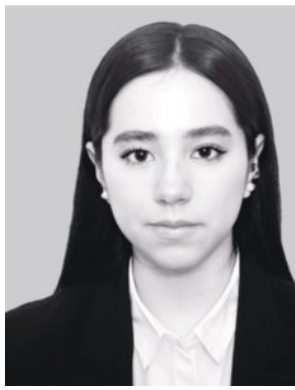
Karla Liliana Rojas Guerrero, MD
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Reforma No. 4
02730 Mexico City
Mexico
rojasguerrerokl@gmail.com



Axel Nasir Ruiz Borja, MD
Instituto Nacional de Pediatría
Insurgentes Sur
04530 Mexico City
Mexico
naxbor@gmail.com



Carolina Sánchez Pérez, BSc, PhD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida Fidel Velázquez
72560 Puebla
Mexico
casape1292@hotmail.com



María Fernanda Torres, MD
Department of Pediatrics
Geyser Sur
04530 Mexico City
Mexico
mfertorresr@gmail.com



Luis Vargas, BSc
IMSS
Department of Family Medicine
Porfirio Díaz 39
54800 Cuautitlan
Mexico
enrique.8.luis@gmail.com



Sandra Vega García, BSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Calzada de Tlalpan 4220
14370 Mexico City
Mexico
drasandravega@gmail.com

OMI VOICES

Faculty Feedback

"The OMI MEX family medicine participants discussed many aspects of care during pregnancy, childhood, and explored advanced communication skills needed for delivering unexpected news. We enjoyed impressive case presentations that represented the variety of cases seen by family physicians. Participants were highly engaged and enthusiastic learners, eager to bring new ideas back to their home institutions. It was a true pleasure for our faculty to participate!"

Nancy Weigle, MD

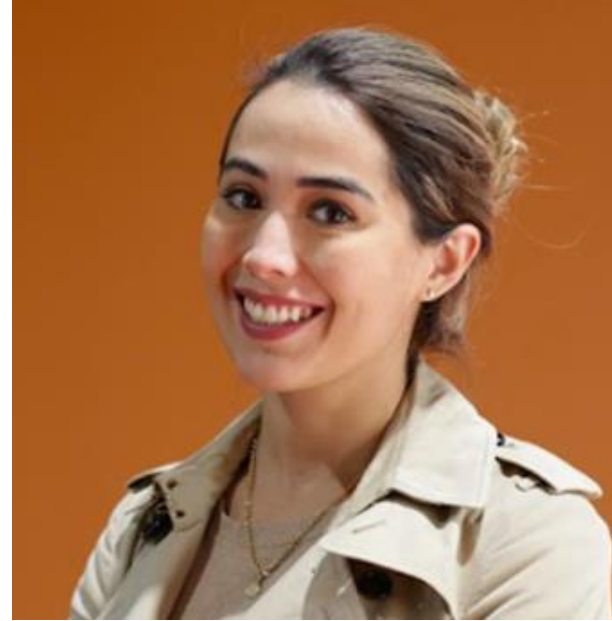
Family Medicine



DukeHealth



OMI VOICES



“ I gained important knowledge regarding patient-centered care, such as how to perform a comprehensive evaluation that allows me to identify a patient's environment, customs, involvement in the community, culture, and beliefs.

Cecilia Ramirez Angulo, MD
OMI MEX fellow from Mexico



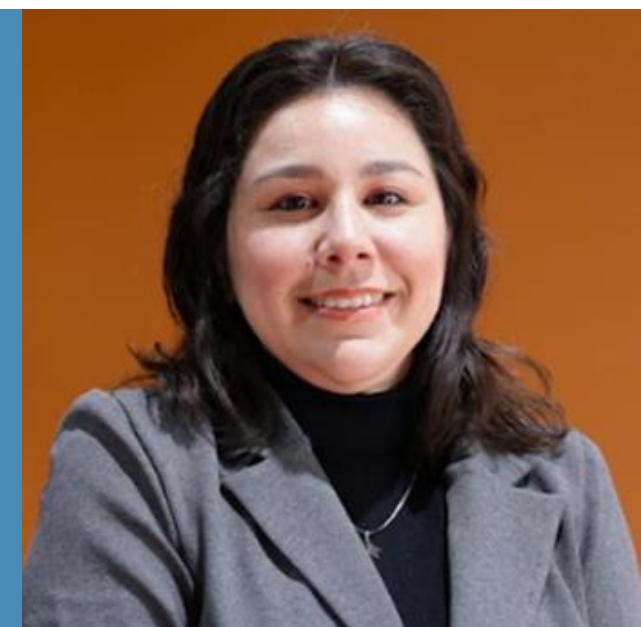
“ I loved the workshop that focused on delivering unexpected news. In Mexico, medical students are not taught enough about such matters, and we face difficult circumstances that such information can help with. I'm so thankful that Dr. Covas and Dr. Dotson provided this workshop!

Ana Sofia Martínez Arredondo, MD
OMI MEX fellow from Mexico



“ Sharing clinical cases among Dr. Ragsdale, Dr. Weigle, and colleagues was an interesting exchange of our expertise, giving us the chance to highlight the role we have as family medicine specialists in the health and well-being of our patients.

Francisca Alejandra Molina Torres, MD
OMI MEX fellow from Mexico



CONTACT



Salzburg Stiftung der AAF
Schloss Arenberg
Arenbergstrasse 10
5020 Salzburg | Austria



www.openmedicalinstitute.org



+43 662 640 101



portal.openmedicalinstitute.org



seminars@openmedicalinstitute.org



www.openmedicalinstitute.org/news

Follow us

Open Medical Institute
Now on Instagram

 [openmedicalinstitute](https://www.instagram.com/openmedicalinstitute)

