SEMINAR REPORT

FAMILY MEDICINE:
MATERNAL AND CHILD
HEALTH
OMI MEX DUKE
UNIVERSITY SEMINAR

October 23-25, 2023

Medical Education Beyond Borders

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44 fellows from Mexico

4 faculty members from the USA

14 fellows’ case presentations

2 excellent case presentations

12 didactic lectures

2 Workshops: Delivering Unexpected News
<table>
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<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>08:00 – 09:00</td>
<td>REGISTRATION &amp; BREAKFAST</td>
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<tr>
<td>09:00 – 10:00</td>
<td>Introductions Pre-Seminar Test</td>
<td>Contraception Update</td>
<td>Shared Medical Appointments for Pregnancy and Pediatric Care</td>
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<td>Andrea B. Dotson, MD, MSPH, IBCLC</td>
<td>Tiffany Covas, MD, MPH</td>
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<tr>
<td>10:00 – 11:00</td>
<td>Introduction / Maternal and Child Health Update</td>
<td>Sexually Transmitted Disease Update</td>
<td>Well Child Checks</td>
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<td>Nancy Weigle, MD</td>
<td>John W. Ragsdale III, MD</td>
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<td>11:00 – 11:30</td>
<td>COFFEE BREAK</td>
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<td>11:30 – 12:30</td>
<td>Care of the Low-Risk Pregnancy</td>
<td>Common Problems in Low-Risk Pregnancy</td>
<td>Physician Wellness</td>
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<tr>
<td>12:30 – 13:30</td>
<td>Common Newborn Issues</td>
<td>Immunization Update</td>
<td>Post-Seminar Test Evaluation &amp; Discussion</td>
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<td>John W. Ragsdale III, MD</td>
<td>Nancy Weigle, MD</td>
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<td>13:30 – 14:30</td>
<td>LUNCH</td>
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<tr>
<td>14:30 – 15:30</td>
<td>Breastfeeding Medicine</td>
<td>Early Childhood Development</td>
<td>CLOSING CEREMONY &amp; AWARDS</td>
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<tr>
<td>15:30 – 17:00</td>
<td>Workshop: Fellows’ Case Presentations</td>
<td>Workshop: Delivering Unexpected News</td>
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<td></td>
<td>John W. Ragsdale III, MD</td>
<td>Fellows’ Case Presentations</td>
<td>Andrea B. Dotson, MD, MSPH, IBCLC</td>
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Nancy Weigle, MD received her MD from George Washington University School of Medicine and completed her family medicine residency at Lawrence Family Practice Residency Program in Lawrence, Massachusetts. After serving as a National Health Service Corps Scholar for four years, she came to Duke in 2008. Dr. Weigle is an Associate Professor in the Department of Family and Community Medicine at Duke University. She is the Course Director of the Clinical Skills Foundation course, a longitudinal three-year course which teaches patient communication, examination, and clinical reasoning in the School of Medicine. She also serves as Clerkship Director for the Family Medicine Clerkship for medical students. She maintains her clinical practice at Duke Family Medicine.
Tiffany Covas, MD, MPH is a family physician. She is from Florida and went to the University of Florida where she received her bachelor’s degree in health education and behavior. She continued to follow her passion and obtained her master’s in public health at Columbia University in the department of socio-medical sciences. She worked as a mobile health team coordinator at the Harlem Health Promotion Center, coordinating Project STAY, a program that provided pregnancy and sexually prevented infections prevention, education, and screening for high-risk youth throughout New York City. She continued her education at Wake Forest University where she went to medical school. She completed residency at Duke Family Medicine, where she served as chief resident. She loves working with families on prevention of disease, working to help communities live healthier, and the group model for patient visits. She leads the Centering Pregnancy and prenatal care at Duke Family Medicine. She has been a leader in the family medicine department through her work expanding services including family medicine obstetrics, nursery care, gender affirming care for transgender patients, and Centering Parenting. She the founder of Duke Family Medicine’s LGBTQ+ Patient Centered Medical Home Initiative.
Andrea B. Dotson, MD, MSPH, IBCLC

Assistant Professor
Director Family Medicine Obstetrics, Duke Regional Hospital
Department of Family Medicine and Community Health
Duke University Medical Center
2100 Erwin Road
DUMC 3886
Durham, NC 27710
USA

Email: andrea.dotson@duke.edu

Andrea B. Dotson, MD, MSPH, IBCLC is a family physician, breastfeeding medicine specialist, and educator. Dr. Dotson completed her undergraduate studies at Florida State University, earning dual degrees in Biological Sciences and Religion. Following graduation, she taught high school science for two years with Teach for America in Houston, Texas. She then attended Johns Hopkins Bloomberg School of Public Health earning a Master of Science in Public Health in International Health with focused studies in global disease and epidemiology control and vaccine sciences. Dr. Dotson completed her medical studies at the University of North Carolina in Chapel Hill followed by residency training at University of New Mexico. She traveled back to the University of North Carolina to complete a primary care research fellowship while also providing full spectrum clinical care including inpatient obstetrics and newborn care. In 2021, Dr. Dotson joined Duke Family Medicine as a faculty member and later a core faculty member with clinical outpatient practice as well as an inpatient practice in obstetrics and newborn care. Dr. Dotson specializes in breastfeeding medicine and infant feeding, starting the Breastfeeding Medicine Clinic at Duke. Her work in breastfeeding medicine has been presented on both national and international stages. She currently serves as a special interest group leader for the Academy of Breastfeeding Medicine and was part of their inaugural class for the Breastfeeding Medicine Leadership Academy.
John W. Ragsdale III, MD

Division Chief
Duke University Medical Center
Department of Community and Family Medicine
Associate Professor
Vice Chair Clinical Services
Duke Family Medicine
2100 Erwin Road
Durham, NC 27710
USA

Phone: +1-919-684-6721
Email: john.ragsdale@duke.edu

John W. Ragsdale III, MD is Chief of the Division of Family Medicine in the Department of Family Medicine and Community Health since 2017. Prior, he served as Medical Director from 2012 - 2017 and has maintained a clinical practice in the Department of Family Medicine since 2009. Prior to Duke, he completed a leadership fellowship at Brown University in Providence Rhode Island. He attended Medical School at the Medical College of Georgia and subsequently completed his residency at Georgetown University Family Medicine program. His clinical and research interests have focused on cancer survivorship, specifically with urological cancers and maintains a clinical practice in survivorship at the Duke Cancer Institute. He also has a long-standing interest in women's health, leadership, and medical education as he has been an active member for the Family Medicine Residency Program as core faculty since 2009. His wife and three children live in Chapel Hill, North Carolina.
Becky Aguilar-Álvarez de Sáenz
Executive Director | AMSA

• Bachelors degree in economics, Instituto Tecnológico Autónomo de México (ITAM)
• Banking and financial career for 15 years
• Member of the Board Civic Committee, Ford Motor Company Mexico
• Treasurer of the Board of Trustees UNETE (Unión de Empresarios por la Tecnología en la Educación)
• Member of the International Women’s Forum
• Member of the Mexican Council for International Affairs
• AMSA’s Executive Director since 2010

Gerardo Legorreta Creel
Chairman | AMSA

• Chairman of the Board of Trustees, Alianza Médica para la Salud, A. C. (AMSA)
• Studied at the London Business School and Instituto Tecnológico Autónomo de México (ITAM)
• CEO of UBS (Union Bank of Switzerland)
• Member of the Board of Directors of Bepensa, SA de CV
• Founder and Managing Director of LG & A
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<th>Institution</th>
<th>Department</th>
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<tr>
<td>Giselle Carranza Hernandez, MD</td>
<td>Instituto Mexicano del Seguro Social (IMSS)</td>
<td>Department of Family Medicine</td>
<td>Fidel Velazquez Avenue, 42 Sur 72560 Puebla Mexico</td>
<td><a href="mailto:gisellecarranzahernandez@gmail.com">gisellecarranzahernandez@gmail.com</a></td>
</tr>
<tr>
<td>Ildeliza Chávez Cuayahuitl, BSc</td>
<td>Instituto Mexicano del Seguro Social</td>
<td>Department of Family Medicine</td>
<td>Del Bosque 26 53030 Mexico State Mexico</td>
<td><a href="mailto:ildelizachavezcuayahuitl@yahoo.com.mx">ildelizachavezcuayahuitl@yahoo.com.mx</a></td>
</tr>
<tr>
<td>Lucero Chavez Resendiz, MD</td>
<td>Instituto Mexicano del Seguro Social</td>
<td>Department of Family Medicine</td>
<td>Avenida San Baltazar 72560 Puebla Mexico</td>
<td><a href="mailto:dra.iresendiz@gmail.com">dra.iresendiz@gmail.com</a></td>
</tr>
<tr>
<td>Alejandra De la Cruz, BSc</td>
<td>Apac I.a.p. Asociación Pro Personas Con Paralisis Cerebral</td>
<td>Department of Family Medicine</td>
<td>Dr. Arce 104, Col. Doctores Cuauhtémoc 6720 Mexico City Mexico</td>
<td><a href="mailto:adelacruz@apaciap.org.mx">adelacruz@apaciap.org.mx</a></td>
</tr>
<tr>
<td>Julio Flores Piña, MD</td>
<td>IMSS</td>
<td>Department of Family Medicine</td>
<td>Calzada de Tlalpan 931 03440 Mexico City Mexico</td>
<td><a href="mailto:drjp_bono@hotmail.com">drjp_bono@hotmail.com</a></td>
</tr>
<tr>
<td>Laura Angélica Gamoneda Hernández, PD</td>
<td>Hospital de Especialidades Centro Medico Nacional Siglo XXI</td>
<td>Department of Family Medicine</td>
<td>Avenida Plutarco Elias Calles No. 473 08300 Mexico City Mexico</td>
<td><a href="mailto:gamoneda.laura.umf21@gmail.com">gamoneda.laura.umf21@gmail.com</a></td>
</tr>
</tbody>
</table>
Blanca Berenice García Rivera, MD
IMSS
Department of Family Medicine
Av. Reforma 16
73649 Mexico City
Mexico
dra.bere82@hotmail.com

Sofía Sarai González García, MD
Instituto Nacional de Pediatría
Department of Family Medicine
Insurgentes 3000 C
04520 Alcaldía Coyoacán
Mexico
sofigonzalezgr@gmail.com

Maria del Carmen Hernandez, MD
UMF 58 Las Margaritas IMSS
Department of Family Medicine
Boulevard Manuel Avila Camacho
54050 Tlalnepantla
Mexico
caheva1@live.com.mx

Omar Edgar Hernandez Moran, BSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Avenida Fidel Velazquez S/N
72560 Puebla
Mexico
ragedom91@gmail.com

Lupita Huesca Olvera, MD
Instituto Nacional de Pediatría
Department of Pediatrics
Insurgentes Sur 3700 C
04530 Mexico City
Mexico
huescao.lupita@outlook.com

Miriam Idalith Infante Miranda, Prof.
IMSS
Department of Family Medicine
Plan de San Luis s/n Col. La Escalera
7320 Mexico City
Mexico
miri.grouby.54@gmail.com
Cristian Mercado Esquivel, MD
IMSS
Department of Family Medicine
UMF 17
11270 Mexico City
Mexico
mercado_2@hotmail.com

Francisca Alejandra Molina Torres, MD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Guerrero
85120 Obregon City
Mexico
fran.molina11@gmail.com

Adela Montalvo Alvarez, PhD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Oriente 3
94300 Orizaba
Mexico
ichigo_rozen@hotmail.com

Carlos Moreno, MD
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Lincoln
64117 Monterrey
Mexico
dr.carlosmoreno@gmail.com

Moises Moreno Noguez, MSc
IMSS
Department of Family Medicine
Sn Javier Mina
55600 Zumpango
Mexico
sesby14@gmail.com

Guillermo Muñoz, BA
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Avenida Madero
58000 Morelia, Michoacán
Mexico
munozmemo3@gmail.com
Danae Perez Lopez, MSc
Instituto Mexicano del Seguro Social
Department of Family Medicine
Caruso s/n Col Vallejo
07870 Mexico City
Mexico
pdanae07@gmail.com

Veloz Quetzalli, BM
Instituto Nacional de Pediatria
Avenida del Iman
04530 Mexico City
Mexico
quetzalli.velozcm@gmail.com

Alicia Ramírez, PhD
Instituto Mexicano del Seguro Social
Department of Family Medicine
Oriente 3
94300 Orizaba
Mexico
aliciaramirezp1310@gmail.com

Cecilia Ramirez Angulo, MD
ABC Medical Center
Av. Carlos Graef Fernandez 154, Santa Fe,
Cuajimalpa
05300 Mexico City
Mexico
ceciliaraangulo@gmail.com

Ingrid Gabriela Ramos Cruz, BM
Instituto Mexicano del Seguro Social (IMSS)
Department of Family Medicine
Av. de Septiembre
54879 Cuautitlán
Mexico
11gabs92@gmail.com

Olivia Reyes Jimenez, MD
IMSS
Department of Family Medicine
55090 Mexico State
Mexico
olivia.reyesji@imss.gob.mx
María Fernanda Torres, MD  
Department of Pediatrics  
Geyser Sur  
04530 Mexico City  
Mexico  
mfertorresr@gmail.com

Luis Vargas, BSc  
IMSS  
Department of Family Medicine  
Porfirio Díaz 39  
54800 Cuautitlan  
Mexico  
enrique.8.luis@gmail.com

Sandra Vega García, BSc  
Instituto Mexicano del Seguro Social  
Department of Family Medicine  
Cañada de Tlalpan 4220  
14370 Mexico City  
Mexico  
drasandravega@gmail.com
"The OMI MEX family medicine participants discussed many aspects of care during pregnancy, childhood, and explored advanced communication skills needed for delivering unexpected news. We enjoyed impressive case presentations that represented the variety of cases seen by family physicians. Participants were highly engaged and enthusiastic learners, eager to bring new ideas back to their home institutions. It was a true pleasure for our faculty to participate!"

Nancy Weigle, MD
Family Medicine
OMI VOICES

I gained important knowledge regarding patient-centered care, such as how to perform a comprehensive evaluation that allows me to identify a patient's environment, customs, involvement in the community, culture, and beliefs.

Cecilia Ramirez Arguila, MD
OMI-MEX Fellow from Mexico

I loved the workshop that focused on delivering unexpected news. In Mexico, medical students are not taught enough about such matters, and we face difficult circumstances that such information can help with. I'm so thankful that Dr. Covas and Dr. Dotson provided this workshop!

Ana Sofia Martinez Arredondo, MD
OMI-MEX Fellow from Mexico

Sharing clinical cases among Dr. Ragsdale, Dr. Weigle, and colleagues was an interesting exchange of our expertise, giving us the chance to highlight the role we have as family medicine specialists in the health and well-being of our patients.

Francisca Alejandra Molina Torres, MD
OMI-MEX Fellow from Mexico
Salzburg Stiftung der AAF
Schloss Arenberg
Arenbergstrasse 10
5020 Salzburg | Austria

+43 662 640 101

seminars@openmedicalinstitute.org

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