22 fellows from Mexico
(Coahuila, Baja California Norte, Michoacán, Chiapas, Estado de México, Mexico City, Tlaxcala)

8 fellows’ case presentations

4 faculty members from the USA and Mexico

2 excellent case presentations

12 didactic lectures

2 fellows’ case presentation sessions

© Open Medical Institute 2023
<table>
<thead>
<tr>
<th>Time</th>
<th>Monday May 15</th>
<th>Tuesday May 16</th>
<th>Wednesday May 17</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 – 09:00</td>
<td>REGISTRATION &amp; BREAKFAST</td>
<td>REGISTRATION &amp; BREAKFAST</td>
<td>REGISTRATION &amp; BREAKFAST</td>
</tr>
<tr>
<td>09:00 – 10:00</td>
<td>Introductions</td>
<td>Noninsulin Therapy</td>
<td>Diabetes Complications</td>
</tr>
<tr>
<td></td>
<td>Pre-Seminar Test</td>
<td>Magdalena Bogun, MD</td>
<td>Magdalena Bogun, MD</td>
</tr>
<tr>
<td>10:00 – 11:00</td>
<td>Epidemiology of Diabetes in Mexico and Globally</td>
<td>Insulin Therapy</td>
<td>Monogenic Diabetes</td>
</tr>
<tr>
<td></td>
<td>Robin S. Goland, MD</td>
<td>Rachelle Gandica, MD</td>
<td>Rachelle Gandica, MD</td>
</tr>
<tr>
<td>11:00 – 11:30</td>
<td>COFFEE BREAK</td>
<td>COFFEE BREAK</td>
<td>COFFEE BREAK</td>
</tr>
<tr>
<td>11:30 – 12:30</td>
<td>Pathophysiology of Type 1 Diabetes</td>
<td>Gestational Diabetes and Diabetes in Pregnancy</td>
<td>Inpatient Management of Diabetes</td>
</tr>
<tr>
<td></td>
<td>Robin S. Goland, MD</td>
<td>Magdalena Bogun, MD</td>
<td>Magdalena Bogun, MD</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>Pathophysiology of Type 2 Diabetes</td>
<td>Berrie Center Cases</td>
<td>Post-Seminar Test</td>
</tr>
<tr>
<td></td>
<td>Magdalena Bogun, MD</td>
<td></td>
<td>Evaluation &amp; Discussion</td>
</tr>
<tr>
<td>13:30 – 14:30</td>
<td>LUNCH</td>
<td>LUNCH</td>
<td>LUNCH CLOSING CEREMONY &amp; AWARDS</td>
</tr>
<tr>
<td>14:30 – 15:30</td>
<td>Pediatric Diabetes</td>
<td>Continuous Glucose Monitoring and Insulin Pumps</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rachelle Gandica, MD</td>
<td>Rachelle Gandica, MD</td>
<td></td>
</tr>
<tr>
<td>15:30 – 17:00</td>
<td>Workshop</td>
<td>Workshop</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fellows’ Case Presentations</td>
<td>Fellows’ Case Presentations</td>
<td></td>
</tr>
</tbody>
</table>
Robin S. Goland, MD
(Course Director)

Co-Director
Naomi Berrie Diabetes Center
J. Merrill Eastman Professor of Clinical Diabetes
Departments of Pediatrics and Medicine
Columbia University College of Physicians and Surgeons
Russ Berrie Medical Science Pavilion
1150 St. Nicholas Avenue
New York, NY 10032
USA

Phone: +1-212-851-5492
Email: rsg2@columbia.edu

Robin S. Goland, MD (Harvard ’76 and Columbia ’80) began more than 20 years ago one of the nation’s most successful efforts to advance patient care, research, and education in the field of diabetes. The Naomi Berrie Diabetes Center at Columbia University Medical Center, combining premier family-centered patient care and education with world class diabetes research programs, opened in October 1998 under the direction of Dr. Goland and co-director, Dr. Rudolph Leibel. More than 1,500 patients with diabetes are seen monthly. The Berrie Center’s pediatric and adult patient population, now numbering more than 10,000 people, is extraordinarily diverse, including patients of diverse ages, ethnic backgrounds, and socioeconomic status. The mission of the Naomi Berrie Diabetes Center is to provide “the care until the cure”. The clinical space is directly adjacent to research laboratories working on prevention, treatment, and ultimately the cure of diabetes. Because of close collaboration between clinicians and investigators at the Berrie Center, advances made at the research bench are made available to the patients as rapidly as possible. The Berrie Center is a leader in the recruitment minority research subjects and in reducing health care disparities, particularly in children with diabetes. A major focus of Dr. Goland’s work is on translational research and clinical trials in adult and pediatric patients with type 1 diabetes and type 2 diabetes.
Magdalena Bogun, MD
Assistant Professor of Medicine
New York Presbyterian Hospital/Columbia University
Irving Medical Center
1150 St. Nicholas Avenue
New York, NY 10032
USA
Phone: +1-347-831-2841
Email: mmb2263@cumc.columbia.edu

Magdalena Bogun, MD is an Assistant Professor of Medicine in the Department of Medicine and Division of Endocrinology at Columbia University Irving Medical Center. Dr. Bogun received her medical degree from Poznan University of Medical Sciences, completed her internship and residency in Internal Medicine at Jacobi Medical Center/Albert Einstein College of Medicine, and finished her fellowship in Diabetes, Endocrinology and Metabolism at Yale University. Dr. Bogun is board certified in Endocrinology and specializes in Diabetes. She sees patients at the Naomi Berrie Diabetes Center and New York Presbyterian Hospital/Columbia University Irving Medical Center. In addition to her clinical work, Dr. Bogun is involved in educational initiatives and research projects studying the pathophysiology of diabetes and management of patients with diabetes in both inpatient and outpatient settings. She is Director of Inpatient Diabetes Service at the New York Presbyterian Hospital/Columbia University Irving Medical Center, and she is the Program Director for the Diabetes, Endocrinology and Metabolism fellowship at Columbia University.
Rachelle Gandica, MD

Assistant Professor of Pediatric Endocrinology
Columbia University College of Physicians and Surgeons
Columbia University Irving Medical Center
Naomi Berrie Diabetes Center
1150 St. Nicholas Avenue
New York, NY 10032
USA

Phone: +1-212-851-5494/+1-917-232-8800
Fax: +1-212-851-5493
Email: rg2216@cumc.columbia.edu

Rachelle Gandica, MD is a pediatric endocrinologist who specializes in the treatment of children with diabetes. Dr. Gandica's parents are of Greek and Colombian descent, and she grew up in New Jersey where she also completed her undergraduate studies at Rutgers University. She attended medical school at the Albert Einstein College of Medicine in New York. She completed both her pediatric residency and pediatric endocrinology fellowship at the Columbia University Irving Medical Center in New York City. Dr. Gandica's research interests include monogenic diabetes, type 2 diabetes in children, the use of hybrid closed loop technology in children with type 1 diabetes and the transition of type 1 diabetes care from pediatric to adult care. She has been a co-investigator for numerous multi-center, NIDDK-funded trials, including TrialNet, TODAY, and currently RADIANT. She is also the director of pediatric diabetes education for the fellowship program at Columbia. Recent publications include a revision of the Pediatric Diabetes chapter of Rudolph’s Pediatrics textbook, as well as several manuscripts looking at long-term outcomes of youth-onset type 2 diabetes for the TODAY study. Dr. Gandica is currently on the faculty of Columbia University Vagelos College of Physicians and Surgeons and New York Presbyterian- Columbia University Irving Medical Center as Assistant Professor of Pediatric Endocrinology. She lives in New Jersey with her husband Michael, an entrepreneur and her three children: Rebecca, Jacob, and Nathan.
Cristina García-Ulloa, MD, PhD

Responsible for Medical Care
Center of Comprehensive Care for the Patient with Diabetes
Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán
Vasco de Quiroga No. 15
Belisario Domínguez, Sección XVI
Tlalpan 14080
Mexico City
Mexico

Phone: +52-55-1822-3787
Email: cristina.garciau@incmnsz.mx

Cristina García-Ulloa, MD, PhD holds a medical degree from the National Autonomous University of Mexico (UNAM) and is trained as an Internist, Endocrinologist, and Obesity specialist. She is certified by the Mexican Council of Internal Medicine and the Mexican Council of Endocrinology. She obtained her master’s degree and PhD working with patients with metabolic diseases and prevention of diabetes. She participated in the PH-LEADERS program at the Rollins School of Public Health at Emory University in Atlanta, Georgia, USA. Dr. García Ulloa is part of the National System of Investigators (SNI-CONACYT). She has published in different journals (national and international) and chapters in medical books. Recent publications include prevention, treatment, complications, and costs in diabetes. She is a peer reviewer for multiple major diabetes journals. She is currently responsible for medical care at the Center of Comprehensive Care for the Patients with Diabetes (CAIPaDi) in the National Institute of Medical Sciences and Nutrition Salvador Zubirán (INCMNSZ). She is a professor in Physiopathology of Nutrition in the master’s degree in Clinical Nutrition taught by the National Institute of Public Health and an associated professor of Endocrinology at Universidad Panamericana in Mexico City. Her research interests include diabetes, lipids, and obesity. Her vision for public health in Mexico is to have more preventive medicine that can effectively be applied in different areas and lower the costs of complications.
Becky Aguilar-Álvarez de Sáenz
Executive Director | AMSA

- Bachelors degree in economics, Instituto Tecnológico Autónomo de México (ITAM)
- Banking and financial career for 15 years
- Member of the Board Civic Committee, Ford Motor Company Mexico
- Treasurer of the Board of Trustees UNETE (Unión de Empresarios por la Tecnología en la Educación)
- Member of the International Women’s Forum
- Member of the Mexican Council for International Affairs
- AMSA’s Executive Director since 2010

Gerardo Legorreta Creel
Chairman | AMSA

- Chairman of the Board of Trustees, Alianza Médica para la Salud, A. C. (AMSA)
- Studied at the London Business School and Instituto Tecnológico Autónomo de México (ITAM)
- CEO of UBS (Union Bank of Switzerland)
- Member of the Board of Directors of Bepensa, SA de CV
- Founder and Managing Director of LG & A
<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital/Department</th>
<th>Address</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flor Agruel Trujillo Narvaez, MD</td>
<td>Hospital General de Mexicali Department of Internal Medicine</td>
<td>Calle del Hospital SN 21000 Mexicali Mexico</td>
<td><a href="mailto:oragruel@gmail.com">oragruel@gmail.com</a></td>
</tr>
<tr>
<td>Marco Camacho, DrPH</td>
<td>Centro Médico Nacional de la Raza Department of Internal Medicine</td>
<td>HGZ 16 27200 Torreón Mexico</td>
<td><a href="mailto:marcoacr_mi@outlook.com">marcoacr_mi@outlook.com</a></td>
</tr>
<tr>
<td>Rosa Lilia Castro Díaz, MSc</td>
<td>Salud Integral Mexico Camino Al Castellano 51207 Mexico City Mexico</td>
<td><a href="mailto:lilia@FLH.org.mx">lilia@FLH.org.mx</a></td>
<td></td>
</tr>
<tr>
<td>Rodrigo Espinosa Dorado, MD</td>
<td>Centro Medico ABC Department of Internal Medicine</td>
<td>Av. Carlos Graef González 154, Colonia Santa Fe, Cuajimalpa 05300 Mexico City Mexico</td>
<td><a href="mailto:rodgesdor@gmail.com">rodgesdor@gmail.com</a></td>
</tr>
<tr>
<td>Paola Flores, MD</td>
<td>Instituto Nacional de Rehabilitación Department of Rheumatology</td>
<td>Calzada México-Xochimilco 14389 Mexico City Mexico</td>
<td>paola <a href="mailto:ores.med@gmail.com">ores.med@gmail.com</a></td>
</tr>
</tbody>
</table>
Moises Alberto Garcia Velazquez, PhD  
Centro Médico Nacional La Raza  
Department of Internal Medicine  
Centro Medico  
02990 Mexico City  
Mexico  
gastrogarcia@hotmail.com

Paloma Guerra Blanco, MD  
Instituto Mexicano del Seguro Social (IMSS)  
Department of Internal Medicine  
Av. Gabriel Mancera No. 222 Col. Del Valle Centro  
3100 Mexico City  
Mexico  
palomaguerrab@gmail.com

Maria Guadalupe Hernandez Jimenez, BSc  
Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán  
Department of Endocrinology, Diabetes and Metabolism  
Vasco de Quiroga 15, Belisario Domínguez Secc. 16, Tlalpan  
14080 Mexico City  
Mexico  
sovid4@gmail.com

Arturo Eduardo Hernández Lima, PhD  
Instituto Mexicano del Seguro Social  
Department of Internal Medicine  
Gabriel Mancera 222  
03100 Mexico City  
Mexico  
dr.arthurhlima@gmail.com

Nayelli Islas Casas, BSc  
Fundacion Valle de Bravo  
51200 Mexico State  
Mexico  
nayellislas@gmail.com

Nevid Jiménez Fernández, MD  
Instituto Mexicano del Seguro Social (IMSS)  
Department of Internal Medicine  
Cuauhtémoc  
56600 Chalco  
Mexico  
nevidjimenez@yahoo.com.mx
Sore Majzner Aronovich, MD
Hospital Médica Sur
Department of Internal Medicine
Puente de Piedra 150
14050 Mexico City
Mexico
soremajzner@gmail.com

Eder Martinez, MD
Instituto Mexicano del Seguro Social
Department of Internal Medicine
Guillermo Valle 115, Centro, Tlaxcala de Xicohténcatl
90000 Tlaxcala
Mexico
eder_ruiz88@hotmail.com

Josseph Medina Alfaro, DrPH
Instituto Mexicano del Seguro Social
Department of Internal Medicine
Lazaro Cardenas
60950 Lazaro Cardenas
Mexico
jomeal911@hotmail.com

Monserrat Mendoza Rios, MD
Hospital Médica Sur
Department of Internal Medicine
Av. Puente de Piedra
14050 Mexico City
Mexico
mmr_20@hotmail.com

Karla Polanco Galindo, MD, BSc
Hospital General IMSS
Department of Internal Medicine
Calzada Emilio Rabasa sin número
29000 Tuxtla Gutierrez Chiapas
Mexico
karlapolanco77@hotmail.com

Diego Porras-Farret, BA
Hospital Médica Sur
Department of Internal Medicine
Puente de Piedra 150
14050 Mexico City
Mexico
diegoferret@gmail.com
Alberto Rodríguez, MD
Instituto Mexicano del Seguro Social
Department of Internal Medicine
Insurgentes Norte
07760 Mexico City
Mexico
carboxipeptidasa@gmail.com

José Luis Santiago Garduño, MD
Centro Medico ABC
Av. Carlos Fernández Graef 154
05330 Mexico City
Mexico
jlsantiago@facmed.unam.mx

Nancy Haydée Serrano Pérez, MD
Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán
Department of Endocrinology, Diabetes and Metabolism
Vasco de Quiroga No.15
14080 Mexico City
Mexico
nan.serrano.p@hotmail.com

Fernando Terres-Torres, MD
Universidad Nacional Autónoma de México
Department of Endocrinology, Diabetes and Metabolism
Felix Cuevas 450, Col Del Valle Sur, DI Benito Juarez
03104 Mexico City
Mexico
fterres00@gmail.com

Flor Yocupicio, MD
Universidad Autonoma de Baja California
Department of Internal Medicine
Electricistas 1551
21030 Mexicali
Mexico
florma29_9@hotmail.com
"It was my privilege to direct the OMI MEX Diabetes seminar. The fellows were engaged and enthusiastic participants, and the faculty members learned as well as taught. It was inspiring and educational and I look forward to the next opportunity to participate in an OMI MEX Diabetes seminar."

Robin Goland, MD
Diabetes
OMI VOICES

"I am sure I will continue to connect with the colleagues I met at the seminar, and I am even optimistic about the possibility of collaborating on projects together. It has been a great experience to interact with the faculty members and gain firsthand knowledge and experience from their prestigious workplace.

Neviit Jiménez González, MD
OMI-MEX Fellow from Mexico

"Dr. Gandica shared her experiences with diabetes in the pediatric population, explaining that the best way to control this problem in children and teenagers is by educating them about the illness.

Elder Martinez, MD
OMI-MEX Fellow from Mexico

"I am sure I will continue to connect with the colleagues I met at the seminar, and I am even optimistic about the possibility of collaborating on projects together. It has been a great experience to interact with the faculty members and gain firsthand knowledge and experience from their prestigious workplace.

Pazla Flores, MD
OMI-MEX Fellow from Mexico
Follow us

Open Medical Institute
Now on Instagram

@openmedicalinstitute