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## SALZBURG WEILL CORNELL SEMINAR IN PSYCHIATRY

August 28 – September 3, 2022

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<td>Fellows</td>
<td>27 fellows from 17 different countries</td>
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<td>Faculty Members</td>
<td>6 faculty members from the United States of America and Austria</td>
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<td>Lectures</td>
<td>16 lectures given by faculty</td>
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<td>Case Presentations</td>
<td>27 interesting case presentations by fellows</td>
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<td>Excellent Case Presentations</td>
<td>6 excellent case presentations by fellows</td>
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Group Photo of Faculty and Fellows
## Salzburg Weill Cornell Seminar in Psychiatry
### Sunday, August 28 – Saturday, September 3, 2022

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<th>Time</th>
<th>Day</th>
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<td>08:00</td>
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<td>Introductions</td>
<td>Early psychosis</td>
<td>Grief: Diagnosis and</td>
<td>Fellow Presentations</td>
<td>Schizophrenia in the</td>
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<td>Pre-Seminar Test</td>
<td>W. Wolfgang Fleischhacker, MD</td>
<td>Treatment</td>
<td>John W. Barnhill, MD</td>
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<td>Gender in the Clinical</td>
<td>Fellow Presentations</td>
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<td>OCD Across the Lifespan</td>
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<td>John W. Barnhill, MD</td>
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<td>Neural Plasticity across</td>
<td>Sexuality in the Clinical</td>
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<td>Neurobiological</td>
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<td>Susan C. Vaughan, MD</td>
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<td>11:30</td>
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<td>The Case Write Up</td>
<td>Subtypes of Depression</td>
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<td>CHAMBER MUSIC CONCERT</td>
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FACULTY BOOKLET

PSYCHIATRY SEMINAR IN SALZBURG

August 28 – September 3, 2022

A Global Educational Initiative by the American Austrian Foundation
Wolfgang Aulitzky, MD

Director, Open Medical Institute
American Austrian Foundation
Associate Dean and Gerhard Andlinger Professor for International Medicine & Distance Learning
Adjunct Professor of Clinical Urology
Adjunct Professor of Clinical Reproductive Medicine
Weill Medical College of Cornell University
Adjunct Professor of Pediatrics
Perelman School of Medicine at the Children’s Hospital of Philadelphia
Associate Professor of Urology
Medical University of Innsbruck, Austria

Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the New York Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.
John W. Barnhill, MD
(Course Director)

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John W. Barnhill, MD is a consultation-liaison psychiatrist and psychoanalyst at Weill Cornell Medicine (WCM) and New York Presbyterian Hospital (NYP). At NYP, he has served as chief of the general consultation teaching service and has worked with multiple clinical subgroups, such as NYP physician trainees, patients in need of an organ transplant, and patients with lupus. At WCM, he is DeWitt Wallace Senior Scholar and professor of clinical psychiatry. He is also an adjunct clinical professor of psychiatry at Columbia’s medical school, where he chairs the ethics committee at their psychoanalytic center. In addition to his seven years as psychiatric course director for the Salzburg Seminars, Dr. Barnhill has taught and done clinical consultations in Africa, Asia, and the Middle East. He has written and edited multiple psychiatric textbooks, including DSM-5-TR Clinical Cases (in press), the Approach to the Psychiatric Patient, 2nd edition (2019); and Co-Occurring Mental Illness and Substance Use Disorders (2018, with Dr. Jonathan Avery).
W. Wolfgang Fleischhacker, MD
(Co-Course Director)

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W. Wolfgang Fleischhacker, MD is the President of the Medical University of Innsbruck in Austria, in which he previously served as Professor and Managing Director in the Department of Psychiatry, Psychotherapy and Psychosomatics. He is a certified psychiatrist and psychotherapist. Currently he is also a Clinical Professor of Psychiatry (Courtesy) at Weill Cornell Medicine in New York. After receiving his medical degree from Innsbruck University, Dr. Fleischhacker trained at the Departments of Psychiatry and Neurology of the Medical Faculty there. In 1987 he was awarded a Fulbright Scholarship and spent 18 months at Hillside Hospital in New York. Dr. Fleischhacker’s main research interests relate to schizophrenia and psychopharmacology, documented in more than 400 publications. These efforts have led to participation in World Health Organization and World Psychiatric Association programs focusing on schizophrenia. He was also a member of the scientific committee of the Austrian Agency for Health and Food Safety and has served as a consultant for the European Medicines Agency. Memberships: Chairman of the European Group for Research in Schizophrenia, Fellow of the International College of Neuropsychopharmacology; Fellow of the American College of Neuropsychopharmacology, Fellow of the European College of Neuropsychopharmacology. He is also a member of the Schizophrenia International Research Society, Austrian Society of Psychiatry (senior president) and Psychotherapy, and the Austrian Schizophrenia Society. He also serves as the chair of the Scientific Advisory Board of the Open Medical Institute.
Anna Buchheim, PhD

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Anna Buchheim, PhD is a licensed psychologist and psychoanalyst (IPA), who is specialized in attachment research, psychotherapy research, psychoanalysis, and neuroimaging. Dr. Buchheim grew up in the South of Germany and completed her Diploma in Psychology at the University of Regensburg. She graduated as a research assistant at the Department of Psychosomatic Medicine and Psychotherapy at the University of Ulm. There she completed her Dissertation, Habilitation (Privatdozent) and Psychoanalytic Training. In 2008, she became a Full Professor for Clinical Psychology at the University of Innsbruck. She is a full member of the International Psychoanalytic Association and Transference-Focused Psychotherapy Institute in Munich and Member of the International Society of Transference Focused Psychotherapy. Dr. Buchheim is the vice-president of the German Society for Personality Disorders and Guest Professor at the International Psychoanalytic University Berlin. Dr. Buchheims research interests are psychotherapy research, attachment development and psychopathology, change of attachment representations during psychotherapy. Moreover, she is interested in neural correlates of attachment in several psychological disorders. Recently, she conducted a study on neural changes in depressed patients during psychoanalytic psychotherapy and won the 2013 Paper Prize from the American Psychoanalytic Association in New York. She is co-editor of the German Journal of Personality Disorders: Theory and Practice and in the editorial board of several journals (Psychopathology, Clinical Psychology & Psychotherapy: An International Journal of Theory and Practice, Forum Psychoanalyse, Psychodynamische Psychotherapie, forum Psychotherapie). Dr. Buchheim is the Chair for Clinical Psychology at the Institute of Psychology, University Innsbruck and currently the Vice Rector for Human Resources at the University of Innsbruck.
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Conor Liston, MD, PhD is an Associate Professor of Neuroscience and Psychiatry at Weill Cornell Medicine. The long-term goals of his research program are to define basic mechanisms by which prefrontal cortical brain circuits support learning, memory, and motivation, and to understand how these functions are disrupted in depression, OCD, and other neuropsychiatric disorders. His team is also developing novel neuroimaging tools for informing psychiatric diagnosis in human populations and predicting treatment response to transcranial magnetic stimulation (TMS) and other neurostimulatory antidepressant interventions. He graduated from Harvard College in 2002, and received his PhD and MD from The Rockefeller University and Weill Cornell Medicine in 2007 and 2008, respectively. He subsequently completed his residency in psychiatry at NewYork–Presbyterian Hospital and postdoctoral training at Stanford University. He returned to Weill Cornell as an Assistant Professor in 2014. He is also a clinically active psychiatrist specializing in the management of treatment-resistant mood disorders.
Susan C. Vaughan, MD is a psychiatrist and psychoanalyst interested in gender, sexuality and the intersection of neuroscience and psychotherapy practice. She was born and raised in Houston, Texas where her father was a rocket scientist for NASA before attending Harvard College, where she studied biological psychology and artificial intelligence/neural networks by cross-registering at Massachusetts Institute of Technology. Graduating magna cum laude, she then attended Columbia University College of Physicians and Surgeons for medical school and completed her psychiatry residency, chief residency, research fellowship in affective and anxiety disorders also at Columbia Presbyterian/New York State Psychiatric Institute. As Associate Professor of Psychiatry at Columbia University Irving Medical Center (CUIMC), she has been the Director of the Columbia Center for Psychoanalytic Training and Research. As of October 1, she will become the Aaron R. Stern Professor of Psychoanalytic Psychiatry in the Department of Psychiatry at Weill-Cornell Medical College at Cornell University. She lives in New York City with her wife Deborah Wasser. Her older daughter Savannah lives nearby and works at a Columbia lab as a “Monkey Tech” this year while applying to veterinary school, and her younger daughter Whittier will begin at New York University this Fall to study studio art.
Benjamin Zebley, MD is Director of the Interventional Psychiatry Program at Weill Cornell Medicine, which uses repetitive transcranial magnetic stimulation (rTMS) and novel psychopharmacological interventions to treat complex cases of depression and OCD. Dr. Zebley completed his undergraduate studies in liberal arts at St. John’s College in Annapolis, followed by medical training at the Georgetown University School of Medicine, and psychiatry residency at New York–Presbyterian Hospital, Weill Cornell Medical Center. After residency, he completed a fellowship in Emergency Psychiatry at Columbia University Medical Center / New York State Psychiatric Institute, and a visiting fellowship in transcranial magnetic stimulation at Duke University. His research is aimed at optimizing novel, individualized approaches to selecting the optimal brain target for rTMS protocols and at developing more objective and reliable methods for quantifying symptoms of depression and other psychiatric disorders in clinical research studies.
Fellow Booklet
Psychiatry

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DIARY

Kaltrina Rama, MD
Clinical and University Center of Kosovo
Department of Psychiatry
Kosovo

Sunday, August 28, 2022

I arrived at Schloss Arenberg on Sunday at 3 o’clock. It was raining heavily that day. The way to Schloss Arenberg was easy to find. I really liked the place, the room and the warmth it offered. At 7 o’clock in the evening there was a welcome reception, and we were introduced to each other and the faculty members. Then we continued the conversations during dinner while we were enjoying food and wine. It was such an amazing night, and it was such a relief to fall asleep in my lovely room and bed.

Monday, August 29, 2022

I woke up at 6:30. It wasn’t raining anymore. I went downstairs and enjoyed my breakfast at the restaurant. After I finished breakfast, I headed to the third floor where the first lecture and pre-seminar test would take place. First, we introduced ourselves and everyone was very enthusiastic to be part of the seminar. The first lecture was from Dr. Susan C. Vaughan which was very thought provoking. The day continued with lectures from Dr. John W. Barnhill and Dr. Conor Liston, the ideas and discussions afterwards were very interesting and inspiring.

Tuesday, August 30, 2022

Looks like today will be a beautiful sunny day. We started the lectures as usual at 8 o’clock. Case presentations were quite interesting. Since it was a sunny day, we had the free afternoon
today. We spent the free afternoon exploring Salzburg which is a perfect blend of history and culture, Salzburg’s baroque architecture can be seen throughout the old town.

**Wednesday, August 31, 2022**

In the morning Dr. John W. Barnhill presented the lecture on Grief, Diagnosis and Treatment. The day continued with the lecture of Dr. Susan C. Vaughan, which made me understand what being a good psychotherapist actually means. Also, today I had my case presentation on Bipolar Disorder, I was a bit nervous but the feedback was very positive.

**Thursday, September 1, 2022**

The day started with fellow’s case presentations. I really liked the Approach on Postpartum Depression case presentation. Also, the lecture on TMS was very intriguing. In my country we don’t use that method yet. And last but not least Dr. Anna Buchheim’s lecture on Transference-Focused Psychotherapy was very informative. In fact it inspired me to research and learn more about this method. It was very interesting because she presented several videos to give us a better understanding of this method. The day ended with a charming chamber music concert. The pieces that they played were really beautiful.

**Friday, September 2, 2022**

I can’t believe it’s Friday. They say times flies when you’re having fun. The last of the fellow’s presentation and lectures on Schizophrenia by Dr. Wolfgang Fleischhacker and OCD lecture by Dr. Benjamin Zebley were the best way to end this week. We had enough free time to explore the city even more and create memories together with all of the fellows. Later we had our farewell reception and the Graduation Dinner. I learned a lot during this week, I met new and amazing people with whom we shared experiences from our job and life. It was my first experience with such a rich interaction between the clinical, diagnostic and therapeutic perspective.

To the Faculty of the 2022 Salzburg Weill Cornell Seminar-Psychiatry – thank you for inspiring us!

Auf Wiedersehen!
Sunday, August 28, 2022

I have been to Vienna, but it was my first time in Salzburg which made my journey even more exciting. As I headed to Schloss Arenberg, I was impressed by the architecture of the city. When I arrived at Schloss Arenberg, I was warmly greeted by the staff from the organization team. Once we settled, we had a cocktail and listened to the welcome speech from Dr. Wolfgang Aulitzky and met the professors. During dinner, I had a chance to meet with other colleagues from different countries. We were all excited for the upcoming week.

Monday, August 29, 2022

Before the lectures, we administered the pre-seminar test that covered the topics to be discussed in the seminar. We started the lectures with Dr. Susan C. Vaughan, followed by Dr. Conor Liston and Dr. John W. Barnhill. All of the lectures were comprehensive and engaging. We had the chance to ask questions and interact with professors. Neurobiological mechanisms of depression is one of my areas of interest in psychiatry and I was both impressed and motivated by Dr. Liston's mind-opening and stimulating presentation. Later, Dr. Barnhill emphasized the important points to be considered when writing up a case study and made some suggestions for our case presentations in the coming days. After the lectures I had some time to travel around the city with friends.

Tuesday, August 30, 2022

We started the day with lectures from Dr. W. Wolfgang Fleishhacker and Dr. Susan C. Vaughan. Dr. Fleishhacker's presentation on psychosis and the discussion afterwards was
informative. I really like Dr. Vaughan’s approach to gender & sexuality, and the way she associates psychotherapy & neuroscience, which has become a popular concept in recent years. Today, we had a free afternoon and enjoyed discovering beautiful Salzburg with friends and socializing. I had the chance to discuss differences of clinical practice and academic research in psychiatry among different countries. It was surprising to see that doctors who work in different countries share very similar difficulties with education and health care systems.

**Wednesday, August 31, 2022**

Today, we listened to lectures by Dr. John W. Barnhill, Dr. Benjamin Zebley and Dr. Susan C. Vaughan. In the afternoon, I presented my case of temporal lobe epilepsy. It was a great experience to share my clinical practice there and to have the chance to discuss the case with professors and colleagues.

**Thursday, September 1, 2022**

Today we had lectures of Dr. Benjamin Zebley and Dr. Anna Buchheim. I really enjoyed listening Transference-Focused Psychotherapy from Dr. Buchheim which was one of the subjects I have been studying on during the last couple of years. Finally in the evening, we had Chamber Music Concert which was excellent.

**Friday, September 2, 2022**

After the lectures of Dr. W. Wolfgang Fleischhacker and Dr. Benjamin Zebley, we had the post-seminar test. Then we attended the career seminar that offered the opportunity to talk and get advice from professors specialized in our fields of interest. I was happy to have completed this fruitful training, but I was also sad to say goodbye to friends and leave from this romantic city.

This seminar was a great opportunity for me and has been a great contribution to my career. One of the advantages of this programme was the opportunity of becoming familiar with different mental health systems and having the chance to compare them. Moreover, I found an opportunity to advertise my country and culture properly. Considering my time after the lectures, discovering and exploring the cultural & historical side of Salzburg was a very fruitful experience. I would like to thank OMI for accepting and inviting me to the Salzburg Weill Cornell Seminar in Psychiatry. I am so grateful for attending this program. I will be returning to my country with new academic curiosities and research ideas. I will always remember Salzburg with beautiful memories.