CHOP SEMINAR in SALZBURG

"Behavioral Pediatrics"

June 3 – 9, 2018

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OPEN MEDICAL INSTITUTE
Medical Education Beyond Borders

Children's Hospital of Philadelphia℠

SALZBURG CHOP SEMINAR Behavioral Pediatrics

June 3 - 9, 2018

• 32 fellows from 21 different countries and regions
• 5 faculty members from the United States and Austria
• 22 lectures and 2 workshops given by faculty
• 31 interesting cases presented by fellows
• 8 cases selected by faculty to be published in the Online Case Library

Faculty Photo, (L-R):

Claudia Klier, MD; Amanda Bennett, Carissa Jackel, MD; Susan Levy, MD; Mary Pipan, MD;

Group Photo of Faculty and Fellows

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Medical Education Beyond Borders
A Program of the American Austrian Foundation

2018 Salzburg CHOP Seminar in Behavioral Pediatrics
Sunday 3 June – Saturday 9 June 2018

	Sunday 3 June	Monday 4 June	Tuesday 5 June	Wednesday 6 June	Thursday 7 June	Friday 8 June	Saturday 9 June
07:00 – 08:00		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	DEPARTURES
08:00 – 09:00		Introductions Pre-Seminar Test Susan E. Levy, MD, MPH	Autism Spectrum Disorder Susan E. Levy, MD, MPH	Language and Learning Disorders Amanda Bennett, MD, MPH	Elimination Disorders Carissa Jackel, MD	Non-traditional Treatments Susan E. Levy, MD, MPH	
09:00 – 10:00		Principles of Developmental and Behavioral Pediatrics Mary Pipan, MD	Internalizing Behavioral Conditions Claudia Klier, MD	Attention-deficit/ Hyperactivity Disorder (ADHD) Carissa Jackel, MD	Motor Disabilities/ Cerebral Palsy Carissa Jackel, MD	Psychopharmacological Treatment in Developmental Disorders Carissa Jackel, MD	
10:00 – 10:30		COFFEE BREAK	COFFEE BREAK	COFFEE BREAK	COFFEE BREAK	COFFEE BREAK	
10:30 – 11:30		Processes of Normal Development Mary Pipan, MD	Genetic Disorders and Developmental Disability Mary Pipan, MD	Externalizing Behavioral Conditions Claudia Klier, MD	Prematurity and Its Sequelae Amanda Bennett, MD, MPH	Sensory Impairment Amanda Bennett, MD, MPH	
11:30 – 12:30		Screening & Developmental Assessment Amanda Bennett, MD, MPH	Down Syndrome Mary Pipan, MD	Developmental Delay and Intellectual Disability (ID) Carissa Jackel, MD	Sleep Disturbances Amanda Bennett, MD, MPH	Improving Care Through QI and Family Partnership Susan E. Levy, MD, MPH	
12:30 – 14:00		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
14:00 – 15:00		Behavior Difficulties and Management Mary Pipan, MD	Workshop **Fellows' Case** Presentations Claudia Klier, MD Susan E. Levy, MD, MPH Mary Pipan, MD	Free Afternoon	Workshop **Fellows' Case** Presentations Amanda Bennett, MD, MPH Carissa Jackel, MD Claudia Klier, MD	Post-Seminar Test Evaluation & Discussion	
15:00 – 16:00		Workshop How to Present a Case					
16:00 – 17:00		Workshop Case Presentations by Faculty to Fellows					
17:00 – 18:00		*17:00 – 17:15* OMI/AAF Presentation					
18:00 – 19:00	Faculty Only Meeting to Review the Week					Farewell RECEPTION	
19:00 – 20:00	*19:00 – 19:30* Welcome RECEPTION	DINNER	DINNER Faculty Dinner in Private Home	DINNER	DINNER	Graduation DINNER Certificates Awarded	
20:00 – 21:00	*19:30 – 20:30* Welcome DINNER				*20:30 – 21:30* Chamber Music CONCERT		

CHOP SEMINAR
in
SALZBURG

"BEHAVIORAL PEDIATRICS"

June 3 – 9, 2018

FACULTY

Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation.
He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children's Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna.
Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg.
As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

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Susan E. Levy, MD, MPH (Course Director) is a board certified in Neurodevelopmental Disabilities. She graduated from Drexel University College of Medicine, her residency at St. Christopher's Hospital for Children in Philadelphia and fellowship in Neurodevelopmental Disabilities at St. Christopher's Hospital and Kennedy Krieger Institute at Johns Hopkins University. She is a Professor of Pediatrics at the Perelman School of Medicine at University of Pennsylvania (UPENN) and a member of the Division of Developmental and Behavioral Pediatrics of The Children's Hospital of Philadelphia (CHOP). As a member of the Center for Autism Research (CAR) of CHOP/UPENN her research interests include early identification of children with autism spectrum disorder (ASD), epidemiology of ASD, treatment of comorbid and core symptoms of ASD, Complementary and Alternative Medical treatments of ASD and quality improvement strategies to improve care of children with ASD and their families. She is Vice Chair of the Committee for Protection of Human Subjects (IRB) of CHOP. As a fellow in the Center for Public Health Initiatives at UPENN and is faculty in the Masters in Public Health Program at UPENN. She is an active member of the American Academy of Pediatrics (AAP), with membership in the Council on Children with Disabilities, Section on Developmental and Behavioral Pediatrics, and Section on Quality Improvement and Patient Safety. Dr. Levy lives in Philadelphia, Pennsylvania with her husband. She has two sons who are an MRI technologist and a high school math teacher in Atlanta, GA and Wilmington, NC respectively.

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Claudia M. Klier, MD (Co-Course Director) is an adult and child psychiatrist and psychotherapist. She graduated from the Medical University of Vienna and completed her residency training at University of Innsbruck, Austria and University of Vienna. She spent one year as a postdoctoral fellow at the Presbyterian Hospital, Columbia University, New York City with Professor Myrna Weissman where she started her research career. She returned to the United States twice to work at Drexel University, Philadelphia, with Professor Pamela Geller, College of Arts and Sciences. She completed a sabbatical in Australia, were she worked with Prof Paul Amminger, ORYGEN, University of Melbourne in the field of prevention in youth mental health. In 2013, after returning from sabbatical she was appointed Associate Professor of Child and Adolescent Psychiatry at Medical University of Vienna and is head of Pediatric Psychosomatic, Department of Pediatric and Adolescent Medicine, Medical University of Vienna. Her research interests are perinatal psychiatry (especially child outcomes), psychopharmacology in pregnancy and pediatric psychosomatics. She is married and has one daughter and lives in Vienna.

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Amanda Bennett, MD, MPH is a board certified pediatrician, with subspecialty certification in Developmental and Behavioral Pediatrics in the Division of Developmental and Behavioral Pediatrics at The Children's Hospital of Philadelphia (CHOP). She attended medical school at Marshall University, Huntington, West Virginia and completed pediatric residency at A.I. duPont Hospital for Children in Wilmington, DE. Dr. Bennett completed her fellowship training in Developmental and Behavioral Pediatrics at CHOP in 2008 and completed her Master's in Public Health at University of Pennsylvania in 2009. She is Director of the Autism Speaks Autism Treatment Network (ATN) Philadelphia site and Co-PI of the Autism Intervention Research Network for Physical Health (AIR-P) with Dr. Levy. Dr. Bennett is also the site PI for Project EARLY: Engagement, Assessment, Referral and Linkage for Youth Children, an NIMH multi-site study of Family Navigation interventions for low-income, high-risk toddlers who fail developmental screening. In 2017, Dr. Bennett served as site PI for ECHO Autism, a study of a virtual learning network of primary care providers and medical and behavioral experts to improve screening for and treatment of autism spectrum disorders in the primary care setting. She has also lead several clinical trials for autism spectrum disorder at CHOP and serves on the American Academy of Pediatrics (AAP) Fragile X Syndrome Expert Panel. Dr. Bennett resides in Newtown Square, Pennsylvania with her husband and four children, ages 9, 7, 4, and 2 years.

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Carissa Jackel, MD is a board certified pediatrician, with subspecialty certification in Developmental and Behavioral Pediatrics in the Division of Developmental and Behavioral Pediatrics at The Children's Hospital of Philadelphia (CHOP). She attended medical school at Penn State University School of Medicine and completed her pediatric residency at Jefferson Medical College/A.I. duPont Hospital for Children, Wilmington, Delaware, U.S. Dr. Jackel completed her fellowship training in Developmental and Behavioral Pediatrics at CHOP. Dr. Jackel is an attending physician in the CHOP Regional Autism Center (RAC), which is an interdisciplinary program providing diagnostic evaluations and ongoing follow-up to children and families. She has a strong focus in her practice on the evaluation and treatment of young children with autism spectrum disorder and other developmental delays, including children with comorbid medical conditions. In addition, she works closely with Developmental Behavioral Pediatrics fellows and pediatric residents to provide education and promote continued learning about general child development and developmental disabilities. Research interests include psychopharmacology and brain imaging studies for children with autism spectrum disorder. Dr. Jackel resides in Philadelphia, Pennsylvania.

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Mary Pipan, MD is a board certified pediatrician, with subspecialty certification in Developmental and Behavioral Pediatrics. She attended medical school at University of Virginia School of Medicine and completed pediatric residency at University of Minnesota. Dr. Pipan completed her fellowship training in Developmental and Behavioral Pediatrics at CHOP. Prior to coming to CHOP Dr. Pipan practiced general pediatrics in rural West Virginia. Dr. Pipan is director and co-founder of the Trisomy 21 program. She has expertise in the developmental and behavioral aspects of genetic syndromes and sees a wide variety of children with genetic and metabolic disorders. Dr. Pipan is currently involved in research on Trisomy 21. Dr. Pipan is the co-director of the fellowship training program for the Division of Developmental and Behavioral Pediatrics. Dr. Pipan resides in Swarthmore, Pennsylvania with her husband. She has three adult children. She likes to garden, cook, run, swim and bike, and do triathlons with her children.

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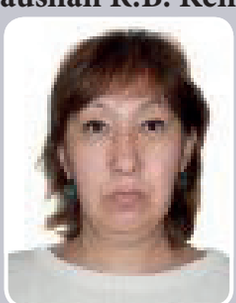

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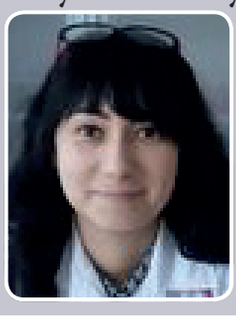

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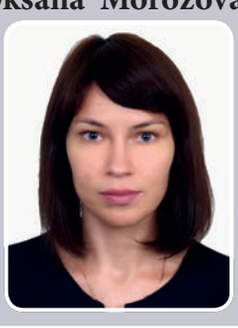

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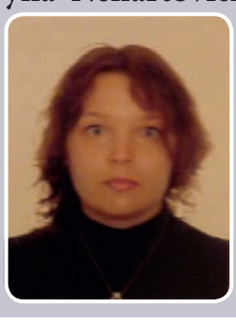

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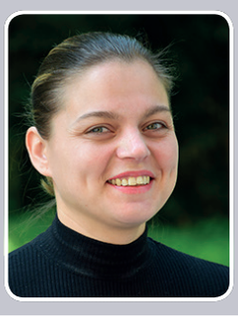

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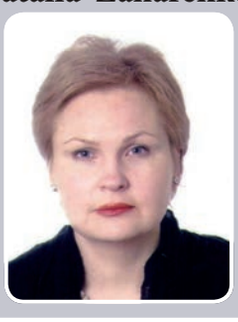

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SEMINAR DIARY FROM FELLOW

Diary of George Panov, MD
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June 3 - 4, 2018

June 3. I am thankful for the world's diversity of people (I am practicing thankfulness in keeping a diary for a couple of years now and I hope it is acceptable for OMI, as I want to bring the importance of this ritual both to my patients and my colleagues).
This is my first time coming to this serene city and attending any of the international seminars for doctors.
Awaiting for the departure calms and brings grace, if I might say so. Near the gates I crossed over with my Rostov colleague and discussed the possibility of presenting a difficult case for 8 minutes. The thought gives me shivers, because I'm used to presenting cases for at least 15 minutes! But the rules are the rules… After the flight, we met with doctors from the Ukraine and the Republic of Macedonia and got into taxis to ride to Schloss Arenberg.
When I hear the word 'castle' I imagined a big old building with round shapes, tall towers, standing on a mountain in all its splendor. Our accommodation was an excellent sequel of the traditional houses, held in the city. We met up with other members of the seminars, as well as the founders. It's great to feel that there are people who do care for your contribution in helping patients in different spots of the world.
Can't wait to hear my new teachers' presentations.

June 4. I am thankful for great teachers and the gifts they bring to us.
Even considering the small time difference in comparison to my city I could not sleep last night. I guess the excitement grew by every minute even in sleeping time.
The first part began with the 'Icebreaker', and now I know the word in English for the first task in psychodramatic intervision. The connecting part of the atmosphere, which our tutors have made for us in the beginning - helped a lot in 'liberation' of the communication.
It is very important for me to take a step into cultural and traditional particularities with the scientific information given, so it was significant to hear Mary Pipan's presentation in the beginning of our learning trip. Each piece of new knowledge brings further energy to gather.
At about 10am we had a Group photo with faculty, then went back for the seminars.

June 5. I am thankful for the never-ending human interest in the world.
While listening to other presentations, I felt that I have so much more to learn; they contained tones of interesting information, of which I could not directly associate with my neural networks, even considering all of the practice I have had. So much to study. But if before the reality of my incompetency in any question frightened me to continue learning, now thanks to the friendly atmosphere, I may to accept my current state and move on to development.

Several more moments that bothered me were the rules for the case presentations. It's a real challenge for me to make the case make shorter than 10 slides, which continued to surprise doctors and personnel for 3 months. But the requirements must be met with courage, so I'll do my best.

June 6. I am thankful for every day's new experience.
That's good when you can have some repetition of any knowledge chunks. It becomes more solid and attracts better understanding.
We went to the mountains by the cart. I've sent some photos to my russian colleagues and they returned their impression in a message, "are you studying or having fun?" Both!
That was awesome and beautiful! And then we had an adventure running down from the top through bushes and trees, avoiding slippery spaces and trunks fallen on the road. I destroyed my shoes but had a joyful time!

June 7. I'm thankful for humanity and empathy.
Yesterday evening I managed to figure out how to close the blinds in my room, but still woke up several times.
The common procedures give no comfort, for today is a very important day for me. I have always had this problem getting agitated speaking in front of intelligent forum.
I think that Claudia Klier is reading thoughts - she gave a 5-minute recess after the lecture! I stretched a little bit and am now feeling so much better.
Lunch time helped step away a little bit from emotional thrusting. Interesting stories and facts presented by teachers and mates at this time structured my thinking.
I feel tense. Anxiety jumps, bouncing against the walls of my chest. Even considering that I started preparing for the presentation a few months ago, I cannot stop shaking my feet. The tension grows every time I see my colleague standing up for his turn. Many interesting cases from neurologists and psychiatrist, many had video material.
Afterwards, I stood up for my accelerated speech to happen: I had a lot of data to share with all of these specialists. I felt that I lost much, that I did not keep up with the time, but everything went quite well; there was 3 minutes left to ask questions and speak about the patient's situation.
After class, I met with a friend to find a place in the city where cannabidiol (CBD) is sold - a substance that is not yet allowed in my country. As we found out, people who buy medication in this place do not quite understand how the substance works, don't really think about the doze nor the prescription, but they feel better. I was particularly pleased to see the cigarettes in test tubes, which the salesman called "aromatic sticks."
The chamber music concert in Schloss Arenberg this evening was touching the depths of every soul. There are a lot of upcoming concerts almost each day back home, but I never can get enough time to go. So I am very grateful for this chance to relax under soothing vibrations.
Finally, I got to see Mexicans convincing our faculty members and pupils to dance. Never thought that in this country people do dance movements like these.

June 8. I'm thankful for the places I can always return to.
Here comes the last day. I hope that it will be long and pleasant. I feel, that it's time to go and I am sure that I've done everything here I could do with the time given. The seminars lightened the road to new experiences and friends. Teachers raised my confidence and reinforced my choice of profession.
I am thankful for the OMI seminars and people who help them to persist in our world.

С уважением,

George Panov (Russian Federation)

SEMINAR DIARY FROM FELLOW

Diary of Antonio Rizzoli Cordoba, MD, PhD

Hospital Infantil de Mexico Federico Gomez, Mexico

June 3 - 4, 2018

5 May, Sunday evening. As we travel from Mexico we arrived on Saturday afternoon, and this is when our amazing journey began. I already knew Inés during my pediatric residency, and while traveled together to Salzburg, we were asking ourselves, "who is the third Mexican?" As soon as we arrived to Schloss Arenberg (an amazing place with such a beautiful sculpture garden) we met Marcela in the lobby. Since this moment a beautiful friendship began. We decided to go and explore Salzburg walking, and I was responsible for the map. We were walking as we tried to find the castle. Nobody was around and we thought, "is it this so quiet and lonely place?" The answer came quickly. Suddenly we continued descending the stairs and we found hundreds and hundreds of people on the street at a festival!!! That was the reason there were no people on the other streets.

Thanks to this opportunity for exploration, after the welcoming dinner on Sunday when we were all shy and nervous, we said, "we should go for a walk," and suddenly 11 of us were walking to the Cathedral. Suddenly I discovered myself being their tour guide, very nervous and using my google map from the city! After a couple of pictures and stories we came back, ready for an amazing journey the next day.

6 May, Monday. After the exam we attended the lectures.

7 May, Tuesday. It was a very interesting day, and I loved. Dr. Levy's lecture about autism and Dr. Pipan's lecture about genetic disorders so much. What made me love them was not just the high quality of information, but their love and passion and the patients they talk about, together with very appreciative cues about their management in clinical practice. They were by far my favorite lectures, including Dr. Klier's lecture on "Behavioral Conditions." During the afternoon, we had the first case presentations and they were amazing!!

8 May, Wednesday. During the morning we had our lectures and the two I enjoyed and learned so much from were "Language Evaluation" (Dr. Bennet was amazing and very thorough) and "Externalizing Behaviors" (by Dr. Klier). After lunch we had a free afternoon and we went to Hellbrun Palace, an amazing experience (highly recommended) while another group went to the funicular and

saw the city. During the night we were all together sharing our traditions and ended the day with Mexican dance classes.

9 May, Thursday. We attended the lectures during the morning and it was interesting, but really the amazing academic activity for the day was the fellows' case presentations session. I was originally going to present a clinical case related to neurodevelopmental changes before and after neurosurgery, but because of the advice from my colleagues and the interest in our work with the developmental screening strategy we now have in Mexico (I was responsible for its development and national implementation), I decided to share that experience with our colleagues. Although I was a little frightened because it was not a clinical case, I was very happy because fellows from Tanzania and Belarus were interested in knowing more and we will share all of our materials with them. This session was really blowing my mind!!!! From different perspectives, I learn a lot about the different visions, countries and managements, and how they manage to get the best possible outcomes despite a lack of resources, utilizing their passion, hope and will to do something to improve the lives of children.

We spent the afternoon talking, sharing chocolate, playing hand football, and then went to an amazing concert by Nora Skuta and Peter Sigl. Although every piece was amazingly played- thanks to Nora who told us the story behind Olivier Messiaen's piece- we felt the anxiety and frustration of war and the concentration camp where four musicians were together playing this song to give themselves hope.

After that we went to the lobby, playing, talking, and first the Mexican delegation taught how we dance in Mexico, including "Caballo dorado" and ending with "Follow the leader." After that we learned Bulgarian and Greek dancing. So, this meeting was not only academic sharing but also cultural.

June 9, Friday. At least I didn't feel so much jetlag and could have a better night. We had breakfast and went to the main hall for the last day of lectures. The first lecture by Professor Susan Levy about non-traditional medicine was amazing, and by far the best of the day because she reminded us of something very important, we must be open, and we should be trustworthy to our patients so that they can talk to us and let us guide them. During the last lecture, again presented by Dr. Levy, I felt again her passion, advocacy, deep understanding and empathy to the patients, as she treats them like people and not diseases. The passion and experience that they (Dr. Levy and Dr. Pipan) transmitted to us, sharing specific stories of patients they treat, and the bright light that came out of their eyes showing the love and commitment to them was really inspiring.

So, now we are having the closing sessions, and I look at my colleagues as friends. I learned a lot about their cultures and areas of opportunity but also admired their passion and willingness to be the best for their patients. And as Ralitsa and Nikolay from Bulgaria said, it is amazing how although we live hundreds of kilometers away, we are very similar in our hearts and cultures, and thanks to AAF and AMSA, we are now creating a community where no matter the physical distance, in our mind, with willingness, and using technology, we continue being together.

What is next? First, the next week I will start reviewing all the lectures with both my fellows of developmental pediatrics and first year pediatric residents (from the three major public hospitals in our country that are staying one month at my unit). Since 2017, we have been holding a Behavioral Pediatrics annual meeting during July at the hospital, and for this year, together with my other Mexican colleagues (Inés and Marcela), we will transmit this information through a workshop. We invited Mary Pipan and Susan Levy to Mexico for the next year meeting. We will start webinars with Belarus and Tanzania showing experiences, and doing academic interchange with Rumania.

I would love to be able to come back for the leadership training, and in that way to be better at sharing all the knowledge I acquired this week with the pediatricians, general physicians, nurses and psychologists at Mexico.

Thanks to Faculty, AMSA (Alianza Médica por la Salud and especially Becky Saenz for trust in us), and the Administration of Schloss Arenberg for this amazing experience, not only academic but also of life.

Antonio Rizzoli Cordoba (Mexico)